

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, April 18, 2021

Fifth Sunday of Great Lent

Commemoration of our Righteous Mother Mary of Egypt

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FOUR: Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF ST. MARY OF EGYPT IN TONE EIGHT: Through thee, the divine likeness was securely preserved, O mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

ST. BASIL LITURGY MEGALYNARION: In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Please consider make donation for Pascal flowers

<u>Thursday, April 15</u>	6:00 PM Little Compline with the Great Canon of St. Andrew of Crete
<u>Friday, April 16</u>	6:30 PM Little Compline with the Akathist Hymn
<u>Saturday, April 17</u>	5:00 PM Vespers
<u>Sunday, April 18</u>	9:00 AM Orthros 10:00 AM Liturgy
<u>Monday, April 19</u>	6:30 PM Great Compline (there is the same service at St. George Cathedral, Worcester at 6:30 PM)
<u>Wednesday, April 21</u>	6:30 PM Presanctified Divine Liturgy
<u>Friday, April 23</u>	6:30 PM Little Compline with the Canon to Lazarus
<u>Saturday, April 24</u>	9:00 AM Liturgy for Lazarus Saturday Spring Yard Cleanup
	5:00 PM Vespers
<u>Sunday, April 25</u>	9:00 AM Orthros 10:00 AM Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews for their tireless efforts in purchasing /delivering food donations!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

Make your vows and pay them to the Lord our God.

God is known in Judaea. His Name is great in Israel.

The Reading from the Epistle of St. Paul to the Hebrews. (9:11-14)

Brethren, Christ having appeared a High Priest of the good things to come, through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creation; neither through the blood of goats and calves, but through His own blood, entered in once for all into the holy place, having found eternal redemption. For if the sprinkling of defiled persons with the blood of bulls and goats and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (10:32-45)

At that time, Jesus took His twelve Disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldest do for us whatsoever we shall desire" And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

Spring Yard Cleanup: Please join us for a Spring yard cleanup on **April 24th from 12PM-3PM** as we prepare the church for Pascha. It's Lazarus Saturday, we are going to have Liturgy at 9 AM. We will start after the Liturgy and quick refreshments. Rakes, cleanup bags and plenty of refreshments will be provided. If you are available to volunteer, please send a note to Rick Bardine at rsbboston@yahoo.com.

SOYO BOOK STORE has received its order of Holy Week prayer books which are an essential resource for all the beautiful services during Holy Week leading up to Pascha and Christ's glorious Resurrection. Get your copy before they are all gone – one week to go before we enter Holy Week!

If there is something specific you need, please check with Soraya Bandeli at sbandeli@comcast.net. Please remember that your purchase at the bookstore supports SOYO and our Youth outreach programs. Thank you for all your support of St Michael and SOYO. Blessed Lent!

FOOD FOR HUNGRY ANNUAL DRIVE

"...For I was hungry, and you gave me food, I was thirsty and you gave me drink..." Matthew 25:35

As we enter near the end of our Lenten season, we are asked not only to fast from certain foods, but also to increase our almsgiving and to help our brothers and sisters in need. The food donation drive ends **Palm Sunday – April 25**. Please plan to return your filled boxes by then!

Thank you for your support!

IF IT'S WEDNESDAY, IT'S SOUP DAY - Support ZOE House, a Pan-Orthodox crisis pregnancy center in Parma, OH:

"Fish Feast for Life" is now "Soup for Life": Instead of our annual Fish Feast, we will be offering homemade soup for takeout every Wednesday and Sunday during Lent and Holy Week. All proceeds from the soup sales will go to benefit ZOE House.

The recipes will be pulled from our upcoming cookbook titled:

"THE FOODS THAT UNITE US ... A Collection of Recipes from Our Kitchens, Our Heritage and Our Traditions"

- April 21 St Basil Soup by Rick Bardine – place your order by April 18
- April 28 V8 Vegetable Soup by Zondra Rapazzini – place your order by April 25

Please email Rick Bardine at rsbboston@yahoo.com with your order by the date indicated for each soup.

Indicate which soup(s) you are ordering, what size container, and how many containers.

Pricing is as follows

- \$6 per pint with 1/2 baguette
- \$10 per quart with full baguette/ \$9 for 2 or more quarts with full baguette for each quart

Pick up options

- Date of Liturgy 5:30-6:15 PM – freshly made soup
- Sunday 11:30-12:30 – frozen soup

Please make checks payable to St. Michael Orthodox Church with memo: "Zoe For Life".

If you are not attending Liturgy, when you pick up, we will offer car service and run the order out to you when you arrive. If you will be attending Liturgy, plan to pick up and take your soup home after the service. If you need delivery, we can offer that on a very limited basis. Please let us know.