


*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)  Like us on Facebook

**Sunday, December 15, 2019**

**Sunday of the Forefathers (Ancestors) of Christ**

**Celebrant: Bishop John**

**LITTLE ENTRANCE WEEKLY VARIABLES**

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE ONE: While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

APOLYTIKION OF THE FOREFATHERS IN TONE TWO: Thou hast justified by faith the ancient Forefathers, and through them Thou hast gone before and betrothed unto Thyself the Church of the Gentiles. Let the saints, therefore, take pride in glory; for from their seed sprouted forth a noble fruit, and it was she who gave birth to Thee without seed. Wherefore, by their pleadings, O Christ God, save our souls.

APOLYTIKION OF ST. ELEUTHERIOS OF ILLYRIA IN TONE FIVE: Being comely adorned in thy sacred priestly robes and newly drenched with the streams of thy pure and sanctified blood, thou didst soar aloft to stand before thy Master, Christ; hence never cease to intercede for those honoring with faith thy mighty and blessed contest, thou overthrower of Satan, O wise and blessed Eleutherios.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PREPARATION OF CHRIST'S NATIVITY IN TONE THREE: On this day the Virgin cometh to the cave to give birth to God the Word ineffably, Who was before all the ages. Dance for joy, O earth, on hearing the gladsome tidings; with the Angels and the shepherds now glorify Him Who is willing to be gazed on as a young Child Who before the ages is God.

**TRISAGION PRAYER**

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

***UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

**Sunday, December 15**      9:00 AM Orthros / 9:15 AM Church School  
10:00 AM Hierarchical Divine Liturgy  
SOYO Meeting (age 9-18)

**Saturday, December 21**      5:00 PM Vespers

**Sunday, December 22**      9:00 AM Orthros / 9:15 AM Church School  
10:00 AM Divine Liturgy

**Winter Weather announcement for St Michael Parish**

In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station. **Be safe during storms.**

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

THANK YOU to Jasmine & Paul Andrews, Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

**THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE**

This week hosted by: **Families with Young Children**

Next week: **Women's Group**

**Please let us know if you are interested in being included on the coffee hour rotation schedule!**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

## THE EPISTLE

(For St. Eleutherios)

*Precious in the sight of the Lord is the death of His saint.*

*What shall we render unto the Lord for all that He hath rendered unto us?*

### **The Reading from the Second Epistle of St. Paul to St. Timothy. (1:8-18)**

Timothy, my son, do not be ashamed then of testifying to our Lord, nor of me his prisoner, but share in suffering for the gospel in the power of God, Who saved us and called us with a holy calling, not in virtue of our works but in virtue of his own purpose and the grace which he gave us in Christ Jesus ages ago, and now has manifested through the appearing of our Savior Christ Jesus, Who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a preacher and apostle and teacher, and therefore I suffer as I do. But I am not ashamed, for I know Whom I have believed, and I am sure that He is able to guard until that Day what has been entrusted to me. Follow the pattern of the sound words which you have heard from me, in the faith and love which are in Christ Jesus; guard the truth that has been entrusted to you by the Holy Spirit Who dwells within us. You are aware that all who are in Asia turned away from me, and among them Phygelos and Hermogenes. May the Lord grant mercy to the household of Onesiphoros, for he often refreshed me; he was not ashamed of my chains, but when he arrived in Rome he searched for me eagerly and found me. May the Lord grant him to find mercy from the Lord on that Day and you well know all the service he rendered at Ephesus.

## THE GOSPEL

(For the Holy Forefathers)

### **The Reading from the Holy Gospel according to St. Luke. (14:16-24)**

The Lord spoke this parable: "A man once gave a great banquet, and invited many; and at the time for the banquet he sent his servant to say to those who had been invited, 'Come; for all is now ready.' But, one by one, they all began to make excuses. The first said to him, 'I have bought a field, and I must go out and see it; I pray you, have me excused.' And another said, 'I have bought five yoke of oxen, and I go to examine them; I pray you, have me excused.' And another said, 'I have married a wife, and therefore I cannot come.' So the servant came and reported this to his master. Then the householder in anger said to his servant, 'Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.' And the servant said, 'Sir, what you commanded has been done, and still there is room.' And the master said to the servant, 'Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet.' For many are called, but few are chosen."



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### ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE** As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... please stop by and help support your neighbors in need with every purchase! **The bookstore is stocked with gift items for the Nativity Season and chocolate Santa for the Feast of St. Nicholas!**

**SHOP ON AMAZON AND SUPPORT ST. MICHAEL** As the **Christmas shopping** is here, please consider taking this one extra step to your normal shopping routine on Amazon! You start at [smile.amazon.com](https://www.amazon.com/smile) and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is it! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael, it's **no additional cost for you**. If you need help, ask David Easa. Please tell your family and friends about it! Together we can raise some funds for our many programs!

**CALLING ALL COOKIE BAKERS!!!** We will be delivering 50 Christmas meals to Faith Family Kitchen this December, and we will be including a tin of homemade cookies with each meal. If you are interested in a baking a batch or two of cookies, please speak to Kh. Alyssa. We will be packing the cookies on **Sunday, December 15** during coffee hour and delivering the meals to Hyannis on **Friday, December 20**. Thank you, in advance, for your help!!!

**Cape Cod's Christmas Wishes** We have once again adopted a family through Cape Cod's Christmas Wishes program! We will be collecting money through the end of December to help pay for the gifts that have been purchased. Thank you for bringing joy this Christmas to a struggling family!

**Family Description:** This is a single mom with 3 children. This has been an extremely tough year for this family. Mom's ex-boyfriend is now incarcerated after physical abuse to the children and mom. The children are traumatized and currently are in counseling. Mom had to quit her job and focus on the well-being of the children. The closest relative lives out of state so they are on their own to get through this horrible ordeal. Mom is determined to keep the family together and to heal all the children. Odin, male, any clothes 18-24 mos. Penelope, 9 female. Likes pink & purple and likes to be "girlie and sparkle" leggings, size 16, any kind of tops size 16. Loves Unicorns, fairies, Pokemon and Star Wars. Laurelyn, 12 female. In need of sweaters XL, Leggings XL, PJ's XL. Likes neutral colors like blue, green, black, grey. Like Pokemon, Star Wars. Mom, Colleen would like a gift card to Target for household items and maybe to buy some surprises for the children.

**CHRISTMAS CARDS** depicting original artwork by Sandra Sedell are on sale in the church hall. Cards are \$2 each. Sandra is a talented artist who works in oils and watercolors. She and her husband are summer resident of East Falmouth and friends of St. Michael Church.

All proceeds will benefit the Narthex Fund.

