


*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)  Like us on Facebook

**Sunday, October 06, 2019**

**16th Sunday after Pentecost**

**Celebrant: Fr. Ben Kjendal**

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SEVEN: Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF ST. THOMAS IN TONE THREE: O holy Apostle Thomas, intercede with our merciful God to grant our souls forgiveness of sins.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**Sunday, October 6**            9:15 AM Church School  
   10:00 AM Divine Liturgy

**Saturday, October 12**    10:00 AM – 2:00 PM INTERNATIONAL FOOD/BAKE SALE & UPSCALE YARD SALE  
   5:00 PM Vespers

**Sunday, October 13**        9:15 AM Church School  
   10:00 AM Divine Liturgy  
   1:30 - 4 PM SOYO Movie Afternoon

### **Narthex Matching Donation**

We have been blessed to have a very generous donor that is willing to match St. Michael the Archangel parishioner donations from October through December for a total match of up to **\$10,000**. Please be generous with your Narthex donations so that we make take full advantage of this wonderful offer. If you have any questions, please speak with Fr. Ben, Joe Rahal, John Abodeely, Joe Boruch, or Michelle Mullaney.

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

### **THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE**

This week hosted by **Choir & Epistle Readers**                      Next week: Families with Young Children  
**Please let us know if you are interested in being included on the coffee hour rotation schedule!**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

## THE EPISTLE

(For the Sixteenth Sunday after Pentecost)

*The Lord will give strength to His people.*

*Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.*

### **The Reading from the Second Epistle of St. Paul to the Corinthians. (6:1-10)**

Brethren, working together with Him, then, we entreat you not to accept the grace of God in vain. For He says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

## THE GOSPEL

(For the Third Sunday of Luke)

### **The Reading from the Holy Gospel according to St. Luke. (7:11-16)**

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you: arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"



## ST. MICHAEL THE ARCHANGEL ANTIOCHIAN ORTHODOX CHURCH

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### ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE** As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... **please stop by and help support your neighbors in need with every purchase! See our Silver cross collection from Russia! Beautiful craftsmanship!**

**SHOP ON AMAZON AND SUPPORT ST. MICHAEL** You start at [smile.amazon.com](http://smile.amazon.com) and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is all! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael. Please consider taking this one extra step to your normal shopping routine! Tell your family and friends about it! Together we can raise some funds for our many programs!

**PRISON BOOK DRIVE** We are continuing to collect books to be donated to a local prison. All books should be NEW or GENTLY USED PAPERBACKS (no hard covers or spiral bindings). Romance novels, books targeted specifically for women, or books picturing or featuring weapons and true crimes are not accepted.

**INTERNATIONAL FOOD/BAKE SALE & UPSCALE YARD SALE** is going to be on **Saturday, October 12 from 10 AM to 2 PM**. Come purchase homemade American, Lebanese, Greek, Moldavian, Polish, Russian, Romanian, Syrian, Tibetan, Ukrainian food to treat your family and invite your friends! Eat in and take some home. Luncheon served. Flyers are at the back of the church. If you are willing to help, ask Elaine Burke or Jourdan Clough.



**FILL THE FRIDGE** Throughout the month of October, we are working to collect NON-PERISHABLE food for our local food pantry!!! Food should be deposited in the "fridge" inside the side entrance of the church. Thank you for your generosity in helping our neighbors in need!

**SOYO MOVIE AFTERNOON** SOYO will be hosting Movie Afternoon on **October 13, 2019 at 1:30 - 4 p.m.** The movie is: Wonder. Ages 9 – 18 are welcome.

**CHOIR WORKSHOP** The choir is going to have another workshop with **Katie Boardman on October 20**. It's not necessary to be a member of the choir to take part in it. Mark your Calendars and join!!!

**HARVEST FESTIVAL** On **Sunday 10/27 from 2:00-4:00** we will be hosting a **Harvest Festival at the Village at Cataumet**. Please see the flyer and speak to Kh. Alyssa if you are interested in helping with this fun event!

**COFFEE HOUR** If you have suggestions on how to improve the coffee hour schedule, system, rotation, or experience, please email or speak to Kh. Alyssa. Our current model will be getting a make-over this fall, so please be sure to give your input and volunteer to help make this important time of fellowship fruitful for all!

**IN THE WORKS – SAVE THE DATE** Plans are underway for a **Fashion Event Luncheon on November 23, 2019 at 12:00 Noon** at St. Michael's church hall to benefit the Narthex Project. Tickets going on sale on October 8, 2019. For details see Vicki Abodeely or Pauline Rassias.