


*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)  Like us on Facebook

**Sunday, August 11, 2019**

**Eighth Sunday after Pentecost; After-feast of the Transfiguration of Christ**

**Celebrant: Fr. Ben Kjendal**

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SEVEN: Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF THE TRANSFIGURATION IN TONE SEVEN: When, O Christ our God, Thou wast transfigured on the mountain, Thou didst reveal Thy glory to Thy Disciples in proportion as they could bear it. Let Thine everlasting light also enlighten us sinners, through the intercessions of the Theotokos. O Thou Bestower of light, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE TRANSFIGURATION IN TONE SEVEN: Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**DORMITION FAST August 1<sup>st</sup> – August 14<sup>th</sup>**

**Sunday, August 11**

9:30 AM Divine Liturgy

SOYO meeting

**Thursday, August 15**

8:00 AM Divine Liturgy for the Dormition of the Theotokos

**Sunday, August 18**

9:30 AM Divine Liturgy

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

**THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE**

This week hosted by **Choir & Epistle Readers**

Next week: Families with Young Children

**Please let us know if you are interested in being included on the coffee hour rotation schedule!**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

## THE EPISTLE

(For the Eighth Sunday after Pentecost)

*The Lord will give strength to His people.*

*Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.*

### **The Reading from the First Epistle of St. Paul to the Corinthians. (1:10-17)**

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

## THE GOSPEL

(For the Eighth Sunday of Matthew)

### **The Reading from the Holy Gospel according to St. Matthew. (14:14-22)**

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.



## ST. MICHAEL THE ARCHANGEL ANTIOCHIAN ORTHODOX CHURCH

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### ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE** As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... **please stop by and help support your neighbors in need with every purchase! See our Silver cross collection from Russia! Beautiful craftsmanship!**

**SHOP ON AMAZON AND SUPPORT ST. MICHAEL** You start at [smile.amazon.com](http://smile.amazon.com) and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is all! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael. Please consider taking this one extra step to your normal shopping routine! Tell your family and friends about it! Together we can raise some funds for our many programs!

**Know any shut-ins?** Please give the names and addresses of any shut-ins from our parish to Kh. Alyssa. The children would like to begin making regular visits to these folks who are unable to join us on Sundays and for other church events, but we need to know who and where they are!

**ORTHODOX MEN'S RETREAT** The St. Stephen Men's Group is hosting it's annual men's retreat on **September 20-22, 2019** at the beautiful St. Methodios Retreat Center in Contoocook, New Hampshire. Join to get away, relax, and learn. This year topic is RELATIONSHIPS.



**\$239 for two nights, all meal included!**

For more info or to register contact Jeff St. Jean at 413-348-2878 or [jeffstjean11@gmail.com](mailto:jeffstjean11@gmail.com)

**DIOCESE FAMILY CAMP & TEEN SOYO FALL CAMP** Join us for the 3rd Annual Diocese Family Camp at the St. Methodios Faith & Heritage Center in Contoocook, NH, **October 4-6, 2019**. Families from our Diocese come together for a weekend of camp activities, prayer, relaxation, fellowship, and learning in the beautiful camp in New Hampshire. Families stay in the beautiful Retreat House with hotel-style rooms, and participate in activities throughout the weekend as a family without the distractions of our busy lives. More information and pictures can be found at [www.soyofallcamp.org](http://www.soyofallcamp.org) Registration forms available at <http://www.soyofallcamp.org/family-camp.html> and <http://www.soyofallcamp.org/soyo-fall-camp.html>

**BACKPACK BLESSINGS SCHOOL SUPPLY DRIVE!** Once again, we will be collecting NEW backpacks and school supplies now through August 18 for children whose families are unable to purchase these items themselves. Please see the list below for suggestions of what is needed. On Sunday, August 18 we will be filling the backpacks and delivering them to the Village at Cataumet. Additionally, we are collecting monetary donations to purchase supplies for Theophany School, an Orthodox school in Needham, MA. Thank you for your generosity in helping supply children with the tools they need to succeed in the upcoming school year!

Collecting **NEW ITEMS** now through **August 18!!!**



## Backpack Blessings

### School Supply Suggestion List



- Crayons (fat and regular sizes)
- Markers (fat and regular sizes)
- Highlighters
- Dry erase markers
- Fine and ultra fine point Sharpies – black
- Scissors
- Rulers
- Glue sticks
- Colored pencils
- #2 pencils
- Pencil sharpeners (with cover)
- Pencil cap erasers
- Mechanical pencils with lead
- Pens – black and blue
- Pencil boxes or pouches
- Pocket folders
- Composition notebooks
- Spiral notebooks
- Binders (1", 1.5", 2")
- Filler paper (wide ruled)
- 5 tab, 3 ring binder dividers
- 3x5 index cards
- Ear buds
- Calculators
- Flashdrives
- Pocket packs of tissues
- Backpacks (no wheels)
- Gift cards to Staples or Walmart

**We will be filling the backpacks on Sunday, August 18 after Liturgy.**

