


*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)  Like us on Facebook

**Sunday, August 4, 2019**

**Seventh Sunday after Pentecost**

**Celebrant: Fr. Ben Kjendal**

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE TRANSFIGURATION IN TONE SEVEN: Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**DORMITION FAST STARTS August 1st**

<b><u>Sunday, August 4</u></b>	9:30 AM Divine Liturgy
<b><u>Monday, August 5</u></b>	6:30 PM Divine Liturgy for the Transfiguration
<b><u>Saturday, August 10</u></b>	7:00 PM Vespers
<b><u>Sunday, August 11</u></b>	9:30 AM Divine Liturgy

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

**THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE**

This week hosted by **Women's Group**

Next week: Choir & Epistle Readers

**Please let us know if you are interested in being included on the coffee hour rotation schedule!**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

## THE EPISTLE

(For the Seventh Sunday after Pentecost)

*O Lord, save Thy people, and bless Thine inheritance.*

*Until Thee will I cry, O Lord my God.*

### **The Reading from the Epistle of St. Paul to the Romans. (15:1-7)**

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures, we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

## THE GOSPEL

(For the Seventh Sunday of Matthew)

### **The Reading from the Holy Gospel according to St. Matthew. (9:27-35)**

At that time, as Jesus passed on from there, two blind men followed him, crying aloud: "Have mercy on us, Son of David." When He entered the house, the blind men came to Him; and Jesus said to them, "Do you believe that I am able to do this?" They said to Him, "Yes, Lord." Then He touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread His fame through all that district. As they were going away, behold, a dumb demoniac was brought to Him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity.



## ST. MICHAEL THE ARCHANGEL ANTIOCHIAN ORTHODOX CHURCH

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### ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE** As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... **please stop by and help support your neighbors in need with every purchase! See our Silver cross collection from Russia! Beautiful craftsmanship!**

**SHOP ON AMAZON AND SUPPORT ST. MICHAEL** You start at [smile.amazon.com](http://smile.amazon.com) and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is all! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael. Please consider taking this one extra step to your normal shopping routine! Tell your family and friends about it! Together we can raise some funds for our many programs!

**Know any shut-ins?** Please give the names and addresses of any shut-ins from our parish to Kh. Alyssa. The children would like to begin making regular visits to these folks who are unable to join us on Sundays and for other church events, but we need to know who and where they are!

**ST.MICHAEL FAMILY COOKOUT** A big thank you to all those who helped out with our parish cookout last Sunday! There are so many who gave much time and effort to pull off this great event - especially Soraya for planning and execution! A special shout out to John Abodelly for manning the grill in the heat! And for everyone who brought food or other items and/or helped plan, set up and take things down - THANK YOU!

**ORTHODOX MEN'S RETREAT** The St. Stephen Men's Group is hosting it's annual men's retreat on **September 20-22, 2019** at the beautiful St. Methodios Retreat Center in Contoocook, New Hampshire. Join to get away, relax, and learn. This year topic is **RELATIONSHIPS**.

**\$239 for two nights**, all meal included!



**BACKPACK BLESSINGS SCHOOL SUPPLY DRIVE!** Once again, we will be collecting NEW backpacks and school supplies now through August 18 for children whose families are unable to purchase these items themselves. Please see the list below for suggestions of what is needed. On Sunday, August 18 we will be filling the backpacks and delivering them to the Village at Cataumet. Additionally, we are collecting monetary donations to purchase supplies for Theophany School, an Orthodox school in Needham, MA. Thank you for your generosity in helping supply children with the tools they need to succeed in the upcoming school year!

Collecting **NEW ITEMS** now through **August 18!!!**



## Backpack Blessings

### School Supply Suggestion List



- Crayons (fat and regular sizes)
- Markers (fat and regular sizes)
- Highlighters
- Dry erase markers
- Fine and ultra fine point Sharpies – black
- Scissors
- Rulers
- Glue sticks
- Colored pencils
- #2 pencils
- Pencil sharpeners (with cover)
- Pencil cap erasers
- Mechanical pencils with lead
- Pens – black and blue
- Pencil boxes or pouches
- Pocket folders
- Composition notebooks
- Spiral notebooks
- Binders (1", 1.5", 2")
- Filler paper (wide ruled)
- 5 tab, 3 ring binder dividers
- 3x5 index cards
- Ear buds
- Calculators
- Flashdrives
- Pocket packs of tissues
- Backpacks (no wheels)
- Gift cards to Staples or Walmart

**We will be filling the backpacks on Sunday, August 18 after Liturgy.**

