

*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)  Like us on Facebook

**Sunday, April 11, 2021**

**Fourth Sunday of Great Lent**

**Commemoration of John Climacus, Author of “The Ladder”**

**Celebrant: Fr. Ben Kjendal**

**LITTLE ENTRANCE WEEKLY VARIABLES**

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF ST. JOHN CLIMACUS IN TONE EIGHT: The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles a hundredfold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John Climacus, intercede with Christ God to save our souls.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION FOR SUNDAYS IN GREAT LENT (AND AKATHIST SATURDAY) IN TONE EIGHT: To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

ST. BASIL LITURGY MEGALYNARION: In thee rejoiceth, O full of grace, all creation: the angelic hosts, and the race of men, O hallowed Temple and noetic paradise, glory of Virgins, of whom God was incarnate and became a little child, even our God Who is before all the ages; for He made thy womb a throne, and thy body He made more spacious than the heavens. In thee rejoiceth, O full of grace, all creation; and it glorifieth thee.

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

Please consider make donation for Pascal flowers

|                                   |  |
|-----------------------------------|--|
| <b><u>Friday, April 9</u></b>     | 6:30 PM Little Compline with the Akathist Hymn   |
| <b><u>Saturday, April 10</u></b>  | 5:00 PM Vespers  |
| <b><u>Sunday, April 11</u></b>    | 9:00 AM Orthros<br>10:00 AM Liturgy  |
| <b><u>Monday, April 12</u></b>    | 6:30 PM Great Compline<br>(there is the same service at St. George, West Roxbury at 6:30 PM) |
| <b><u>Wednesday, April 14</u></b> | 6:30 PM Presanctified Divine Liturgy   |
| <b><u>Thursday, April 15</u></b>  | 6:00 PM Little Compline with the Great Canon of St. Andrew of Crete                          |
| <b><u>Friday, April 16</u></b>    | 6:30 PM Little Compline with the Akathist Hymn   |
| <b><u>Saturday, April 17</u></b>  | 5:00 PM Vespers  |
| <b><u>Sunday, April 18</u></b>    | 9:00 AM Orthros<br>10:00 AM Liturgy  |

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

THANK YOU to Jasmine & Paul Andrews for their tireless efforts in purchasing /delivering food donations!

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

## THE EPISTLE

*The Lord will give strength to His people.*

*Bring unto the Lord, ye sons of God, bring unto the Lord glory and honor.*

### **The Reading from the Epistle of St. Paul to the Hebrews. (6:13-20)**

Brethren, when God made a promise to Abraham, since He could swear by no one greater, He swore by Himself, saying, “Surely blessing I will bless thee, and multiplying I will multiply thee.” And thus, having patiently endured, he obtained the promise. For people indeed swear by what is greater, and in every dispute of theirs the oath is final for confirmation. So when God, being minded to show more abundantly to the heirs of the promise the immutability of His counsel, He interposed it with an oath, that by two immutable things—in which it is impossible for God to lie—we might have a strong consolation, we, who have fled for refuge to lay hold of the hope that is set before us; a hope, which we have as an anchor of the soul, both sure and steadfast, and entering into “that which is within the veil,” where Jesus entered as a Forerunner on our behalf, having become a High Priest “forever according to the order of Melchizedek.”

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. Mark. (9:17-31)**

At that time, a man came to Jesus, kneeling down and saying unto him, “Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able.” And Jesus answered them, “O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me.” And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, “How long has he had this?” And he said, “From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us.” And Jesus said to him, “If you can believe, all things are possible to him who believes.” Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!” And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You dumb and deaf spirit, I command you, come out of him, and never enter him again.” And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, “He is dead.” But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, “Why could we not cast it out?” And Jesus said to them, “This kind cannot be driven out by anything but prayer and fasting.” They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, “The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day.”



## ST. MICHAEL THE ARCHANGEL ANTIOCHIAN ORTHODOX CHURCH

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### ST. MICHAEL HAPPENINGS

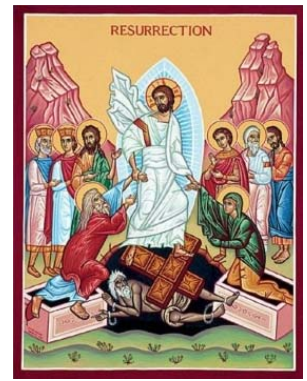
WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**Spring Yard Cleanup:** Please join us for a Spring yard cleanup on **April 24th from 12PM-3PM** as we prepare the church for Pascha. It's Lazarus Saturday, we are going to have Liturgy at 9 AM. We will start after the Liturgy and quick refreshments. Rakes, cleanup bags and plenty of refreshments will be provided. If you are available to volunteer, please send a note to Rick Bardine at [rsbboston@yahoo.com](mailto:rsbboston@yahoo.com).

**Easter Meals:** Thanks to the over-whelming generosity of a few of our St. Michael family members, this past Wednesday we were able to deliver SIXTY Easter meals to Faith Family Kitchen, who will distribute them to families in need. Each family will receive a ham and a \$25 grocery store gift card. May we pray for those families who will be blessed by this donation!

**Pascha Card Order Form:** If you would like your name on St. Michael Pascha Card, please fill out the form and return it by **April 18, 2021**. The proceeds of this year's Pascha card will be going to St. Michael Women's Group Outreach Projects. You can find the form on our website:

<http://www.stmichaelcapecod.org/wp-content/uploads/2021/03/PaschaCard2021OrderForm.pdf>



**IF IT'S WEDNESDAY, IT'S SOUP DAY - Support ZOE House, a Pan-Orthodox crisis pregnancy center in Parma, OH:**

"Fish Feast for Life" is now "Soup for Life": Instead of our annual Fish Feast, we will be offering homemade soup for takeout every Wednesday and Sunday during Lent and Holy Week. All proceeds from the soup sales will go to benefit ZOE House.

The recipes will be pulled from our upcoming cookbook titled:

**"THE FOODS THAT UNITE US ... A Collection of Recipes from Our Kitchens, Our Heritage and Our Traditions"**

- April 14 Romanian Bean Borcht by Bogdan Dumitrescu – place your order by April 11
- April 21 St Basil Soup by Rick Bardine – place your order by April 18
- April 28 V8 Vegetable Soup by Zondra Rapazzini – place your order by April 25

Please email Rick Bardine at [rsbboston@yahoo.com](mailto:rsbboston@yahoo.com) with your order by the date indicated for each soup.

Indicate which soup(s) you are ordering, what size container, and how many containers.

Pricing is as follows

- \$6 per pint with 1/2 baguette
- \$10 per quart with full baguette/ \$9 for 2 or more quarts with full baguette for each quart

Pick up options

- Date of Liturgy 5:30-6:15 PM – freshly made soup
- Sunday 11:30-12:30 – frozen soup

Please make checks payable to St. Michael Orthodox Church with memo: "Zoe For Life".

If you are not attending Liturgy, when you pick up, we will offer car service and run the order out to you when you arrive. If you will be attending Liturgy, plan to pick up and take your soup home after the service. If you need delivery, we can offer that on a very limited basis. Please let us know.