

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, March 7, 2021

Sunday of the Last Judgment (Meat Fare)

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION FOR SUNDAY OF LAST JUDGMENT IN TONE ONE: When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

MARCH IS WOMEN'S MONTH

<u>Saturday, March 6</u>	9:00 AM Divine Liturgy for the Saturday of Souls 5:00 PM Vespers
<u>Sunday, March 7</u>	9:00 AM Orthros 10:00 AM Divine Liturgy
<u>Saturday, March 13</u>	5:00 PM Vespers
<u>Daylight Saving Time starts! Don't forget to set your clocks one hour ahead</u>	
<u>Sunday, March 14</u>	9:00 AM Orthros 10:00 AM Divine Liturgy 1:00 PM Vespers with Ceremony of Mutual Forgiveness +++ GREAT LENT BEGINS +++
<u>Monday, March 15</u>	6:30 PM Great Compline with the Canon of St. Andrew of Crete (there is the same service at St. George in Norwood at 7:00 PM)
<u>Tuesday, March 16</u>	6:30 PM Great Compline with the Canon of St. Andrew of Crete
<u>Wednesday, March 17</u>	6:30 PM Great Compline with the Canon of St. Andrew of Crete
<u>Thursday, March 18</u>	6:30 PM Great Compline with the Canon of St. Andrew of Crete
<u>Friday, March 19</u>	6:30 PM Little Compline with the Akathist Hymn
<u>Saturday, March 20</u>	5:00 PM Vespers
<u>Sunday, March 21</u>	9:00 AM Orthros 10:00 AM Liturgy with procession of Icons for the Sunday of Orthodoxy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews for their tireless efforts in purchasing /delivering food donations!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For Sunday of the Last Judgment)

The Lord is my strength and my song. With chastisement has the Lord chastened me!

The Reading from the First Epistle of St. Paul to the Corinthians. (8:8-9:2)

Brethren, food will not bring us closer to God; for neither if we eat, are we the better, nor if we do not eat, are we the worse. But take heed lest by any means this authority of yours become a stumbling block to those who are weak. For if any one sees you, as someone who has knowledge, reclining at a table in an idol's temple, will not the conscience of the one who is weak be emboldened to eat of the things sacrificed to idols, and through your knowledge the weak brother perishes, for whom Christ died? And thus, sinning against the brethren, and wounding their conscience when it is weak, you sin against Christ. Therefore, if food causes my brother to stumble, I will not eat meat forever, lest I cause my brother to stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are not you my work in the Lord? If to others I am not an apostle, yet at least I am to you; for the seal of my apostleship are you in the Lord.

THE GOSPEL

(For Sunday of the Last Judgment)

The Reading from the Holy Gospel according to St. Matthew. (25:31-46)

The Lord said, "When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.' Then the righteous will answer Him, 'Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.' Then He will say to those at his left hand, 'Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.' Then they also will answer, 'Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?' Then He will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.' And they will go away into eternal punishment, but the righteous into eternal life."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

IF IT'S WEDNESDAY, IT'S SOUP DAY Blessed upcoming Lenten season to all!

As you know, every year we offer a Fish Feast as our Zoe for Life fundraiser. This year, we are shaking things up a little - We would like to help with your Lenten meal planning by offering Lenten Soup for take out every Wednesday during Lent thru Holy Week. The recipes will be from our soon-to-be-published cookbook (don't forget to order your copy - order forms are on the website) and will run for 7 Wednesdays from March 17 thru April 28!

March 17 will feature "Escarole and Bean Minestra" soup.

Stay tuned to next week's bulletin for details on how you can order your soup along with pick-up instructions.

IF YOU WOULD LIKE TO BE INVOLVED IN THE PLANNING, SHOPPING, OR COOKING, PLEASE REACH OUT to Rick Bardine rsbboston@yahoo.com, Kh Alyssa alyssakjendal@yahoo.com or Soraya Bandeli sbandeli@comcast.net - more hands make light work! Plus imagine all the fun you will have !

God bless you all and THANK YOU as always for your support of St Michael and our outreach projects!

St. Michael Cookbook Order Form: The Cookbook Committee is excited to report that we are near completion in producing the St. Michael Cookbook titled "**THE FOODS THAT UNITE US ... A Collection of Recipes from Our Kitchens, Our Heritage and Our Traditions**". Thanks to the wonderful, talented and creative cooks in our parish, we have put together a dynamic collection of recipes that reflects our diverse church family, its faith, fellowship and, of course, great food. This cookbook, complete with easy to follow directions, color photos, commentary and warm memories from its contributors, make it special and unique for yourself and for those to whom you gift it.

We are hoping for a SUMMER 2021 delivery and are now taking orders. The cost is \$30 each or \$25 each when ordering 5 or more. Order forms can be found at the back of the church and on our website

<http://www.stmichaelcapecod.org/wp-content/uploads/2021/02/St-Michael-Cookbook-Order-Form.pdf>

If you have questions please contact:

Linda Davis - spiker383@gmail.com

Soraya Bandeli - sbandeli@comcast.net

Elaine Burke - emacburke@gmail.com

SOYO BOOK STORE is receiving Children's books, Lenten books and prayer/psalm books. Please check out our offerings. They will be available as of March 14 - just in time for Forgiveness Sunday as we start our Lenten Journey! Also, don't forget we still have Holy Week prayer books which are an essential resource for all the beautiful services during Holy Week leading up to Pascha and Christ's glorious resurrection.

If there is something specific you need, please check with Soraya Bandeli sbandeli@comcast.net. Please remember that your purchase at the bookstore supports SOYO and our Youth outreach programs. Thank you for all your support of St Michael and SOYO.

Blessed Lent!

