St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635



Sunday, December 20, 2020 **Sunday before Nativity** Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF THE FOREFEAST OF THE NATIVITY IN TONE FOUR: Be thou ready, Bethlehem, Eden hath opened unto all. * Ephratha, prepare thyself, for now, behold, the Tree of Life * hath blossomed forth in the cave from the holy Virgin. * Her womb hath proved a true spiritual Paradise, * wherein the divine and saving Tree is found, * and as we eat thereof we shall all live, * and shall not die as did Adam. * For Christ is born now to raise the image that had fallen aforetime.

APOLYTIKION OF SUNDAY BEFORE THE NATIVITY IN TONE TWO: Great are the accomplishments of faith; for the three holy youths rejoiced in the fountain of flames as though at waters of rest. And the Prophet Daniel appeared a shepherd to the lions as though they were sheep. Wherefore, by their prayers, O Christ God, save our souls.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PREPARATION OF CHRIST'S NATIVITY IN TONE THREE: On this day the Virgin cometh to the cave to give birth to * God the Word ineffably, * Who was before all the ages. * Dance for joy, O earth, on hearing * the gladsome tidings; * with the Angels and the shepherds now glorify Him * Who is willing to be gazed on * as a young Child Who * before the ages is God.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

APOLYTIKION OF ST. IGNATIUS OF ANTIOCH IN TONE FOUR: By choosing the Apostles' way of life, thou hast succeeded to their throne. Inspired by God, thou didst find the way to divine contemplation through the practice of virtue. After teaching the Word of Truth without error, thou didst defend the Faith to the very shedding of thy blood, O Holy Martyr among bishops Ignatius. Entreat the Lord our God to save our souls.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, December 20 9:00 AM Orthros

10:00 AM Divine Liturgy

Thursday, December 24 9:00 AM Royal Hours

3:00 PM Vesperal Divine Liturgy

11:00 PM Orthros & Divine Liturgy for The Nativity of Christ

No services on December 25

Saturday, December 26 5:00 PM Vespers Sunday, December 27 9:00 AM Orthros

10:00 AM Divine Liturgy

In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

*** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY ***

THANK YOU to Jasmine & Paul Andrews for their tireless efforts in purchasing /delivering food donations!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For the Sunday before the Nativity)

Blessed are Thou, O Lord, the God of our fathers.

For Thou art justified in all that Thou hast done for us.

The Reading from the Epistle of St. Paul to the Hebrews. (11:9-10, 32-40)

Brethren, by faith Abraham sojourned in the land of promise, as in a foreign land, living in tents with Isaac and Jacob, heirs with him of the same promise. For he looked forward to the city which has foundations, whose builder and maker is God. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets—who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, and put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

THE GOSPEL

(For the Sunday before the Nativity: "The Genealogy")

The Reading from the Holy Gospel according to St. Matthew. (1:1-25)

The book of the genealogy of Jesus Christ, the son of David, the son of Abraham. Abraham was the father of Isaac, and Isaac the father of Jacob, and Jacob the father of Judah and his brothers, and Judah the father of Perez and Zerah by Tamar, and Perez the father of Hezron, and Hezron the father of Aram, and Aram the father of Amminadab, and Amminadab the father of Nahshon, and Nahshon the father of Salmon, and Salmon the father of Boaz by Rahab, and Boaz the father of Obed by Ruth, and Obed the father of Jesse, and Jesse the father of David the king. And David was the father of Solomon by the wife of Uriah, and Solomon the father of Rehoboam, and Rehoboam the father of Abijah, and Abijah the father of Asa, and Asa the father of Jehoshaphat, and Jehoshaphat the father of Joram, and Joram the father of Uzziah, and Uzziah the father of Jotham, and Jotham the father of Ahaz, and Ahaz the father of Hezekiah, and Hezekiah the father of Manasseh, and Manasseh the father of Amon, and Amon the father of Josiah, and Josiah the father of Jechoniah and his brothers, at the time of the deportation to Babylon. And after the deportation to Babylon: Jechoniah was the father of Shealtiel, and Shealtiel the father of Zerubbabel, and Zerubbabel the father of Abiud, and Abiud the father of Eliakim, and Eliakim the father of Azor, and Azor the father of Zadok, and Zadok the father of Achim, and Achim the father of Eliud, and Eliud the father of Eleazar, and Eleazar the father of Matthan, and Matthan the father of Jacob, and Jacob the father of Joseph the husband of Mary, of whom Jesus was born, Who is called Christ. So all the generations from Abraham to David were fourteen generations, and from David to the deportation to Babylon fourteen generations, and from the deportation to Babylon to the Christ were fourteen generations. Now the birth of Jesus Christ took place in this way. When His mother Mary had been betrothed to Joseph, before they came together she was found to be with child of the Holy Spirit; and her husband Joseph, being a just man and unwilling to put her to shame, resolved to divorce her quietly. But as he considered this, behold, an angel of the Lord appeared to him in a dream, saying, "Joseph, son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call His Name Jesus, for He will save His people from their sins." All this took place to fulfill what the Lord had spoken by the prophet: "Behold, a virgin shall conceive and bear a son, and His Name shall be called Emmanuel" (which means, God with us). When Joseph woke from sleep, he did as the angel of the Lord had commanded him; he took his wife, but knew her not until she had borne a son; and he called His Name Jesus.



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE ALL FOR THE GLORY OF GOD AND HIS CHURCH

CALLING ALL COOKIE BAKERS!!! This year, we will be donating 65 Christmas meals to needy families at Faith Family Kitchen. The meal will consist of a ham, a grocery store gift card, and a tin of homemade cookies. Delivery of the meals will be on the morning of Monday, December 21. If you love to bake, have always wanted to bake, or are just willing to share some of your time to make a struggling family's Christmas a little brighter, please, please:

- 1. Email Kh. Alyssa (alyssakjendal@yahoo.com) and let her know how many filled cookie tins you will be donating. We need 65!!!
- 2. Buy (or reuse) some cookie tins. (Please contact Kh. Alyssa if you are willing to bake but getting tins will be an issue for you.)
- 3. Bake! Bake! (Most of the cookies should be homemade, but you can certainly include some candy or store-bought cookies in each tin.)
- 4. Bring your filled cookie tins to the church by Sunday, December 20. (Please contact Kh. Alyssa if you are willing to bake but are unable to get your filled tins to the church.)

We have cookie recipes that need to be tested. If you're interested in trying something new, please let Soraya know.

THANK YOU! May you and your family be blessed by the time you spend sharing the love of Christ with others!



ST. MICHAEL MAIL BUDDIES: Do you like writing letters? Do you enjoy receiving letters? Are you interested in getting to know a member of our Saint Michael family who was born a few decades apart from you? If you answered "yes" to any of these questions, send your name and (snail) mailing address to Kh. Alyssa (alyssakjendal@yahoo.com), and she will send you the name and (snail) mailing address of your St. Michael Mail Buddy. What an amazing opportunity to get to know and build a relationship with another member of our parish!