


*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)  Like us on Facebook

**Sunday, December 13, 2020**

**Sunday of the Forefathers (Ancestors) of Christ  
Herman of Alaska, Enlightener of the Aleuts**

**Celebrant: Bishop JOHN**

**LITTLE ENTRANCE WEEKLY VARIABLES**

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF THE FOREFATHERS IN TONE TWO: Thou hast justified by faith the ancient Forefathers, and through them Thou hast gone before and betrothed unto Thyself the Church of the Gentiles. Let the saints, therefore, take pride in glory; for from their seed sprouted forth a noble fruit, and it was she who gave birth to Thee without seed. Wherefore, by their pleadings, O Christ God, save our souls.

APOLYTIKION OF ST. HERMAN IN TONE FOUR: Blessed ascetic of the northern wilds and gracious intercessor for the whole world, teacher of the Orthodox Faith, good instructor of piety, adornment of Alaska and joy of all America, holy Father Herman, pray to Christ God that He save our souls.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PREPARATION OF CHRIST'S NATIVITY IN TONE THREE: On this day the Virgin cometh to the cave to give birth to \* God the Word ineffably, \* Who was before all the ages. \* Dance for joy, O earth, on hearing \* the gladsome tidings; \* with the Angels and the shepherds now glorify Him \* Who is willing to be gazed on \* as a young Child Who \* before the ages is God.

TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**Sunday, December 13**

9:00 AM Orthros  
10:00 AM Divine Liturgy

**2020 Annual Parish Meeting**

**Saturday, December 19**

5:00 PM Vespers

**Sunday, December 20**

9:00 AM Orthros  
10:00 AM Divine Liturgy

**Thursday, December 24**

9:00 AM Royal Hours  
3:00 PM Vespersal Divine Liturgy  
11:00 PM Orthros & Divine Liturgy for **The Nativity of Christ**

**No services on December 25**

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

THANK YOU to Jasmine & Paul Andrews for their tireless efforts in purchasing /delivering food donations!

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

## THE EPISTLE

(For the Holy Forefathers)

*Blessed art Thou, O Lord, the God of our Fathers.*

*For Thou art just in all that Thou hast done for us.*

### **The Reading from the Epistle of St. Paul to the Colossians. (3:4-11)**

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

## THE GOSPEL

(For the Holy Forefathers)

### **The Reading from the Holy Gospel according to St. Luke. (14:16-24)**

The Lord spoke this parable: "A man once gave a great banquet, and invited many; and at the time for the banquet he sent his servant to say to those who had been invited, 'Come; for all is now ready.' But, one by one, they all began to make excuses. The first said to him, 'I have bought a field, and I must go out and see it; I pray you, have me excused.' And another said, 'I have bought five yoke of oxen, and I go to examine them; I pray you, have me excused.' And another said, 'I have married a wife, and therefore I cannot come.' So the servant came and reported this to his master. Then the householder in anger said to his servant, 'Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.' And the servant said, 'Sir, what you commanded has been done, and still there is room.' And the master said to the servant, 'Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet.' For many are called, but few are chosen."



## *ST. MICHAEL THE ARCHANGEL ANTIOCHIAN ORTHODOX CHURCH*

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### ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

#### **2020 Annual Parish Meeting**

The 2020 Annual Parish Meeting on **Sunday December 13, 2020** immediately following the Divine Liturgy at 11:45. Your participation at the meeting is very important.

Please note that the meeting will be held in 3 ways to accommodate everyone:

- in-person for those who attend Liturgy
- on ZOOM at the following link:

Join Zoom Meeting

<https://us02web.zoom.us/j/89254978744?pwd=b21zY0V0aElFNDJURIRqWGIb1ArZz09>

Meeting ID: 892 5497 8744

Passcode: 428233

- by Phone via a ZOOM phone number below:  
Dial 1 929 205 6099, and use the above Meeting ID and Passcode.

As with all ZOOM meetings, you will be admitted to the meeting by the host. Please begin the log-in process at 11:40. Should you have any difficulties, please contact Joe Rahal at 402 960 0348 or Fr Ben at 978 397 3285

**Christmas Meals:** Not surprisingly, families are struggling now more than ever! We will, once again, be donating Christmas meals to Faith Family Kitchen to be distributed to families in need. Please send your monetary contribution to Kh. Alyssa (PO Box 46, Sagamore, MA 02561), with your check made out to "St. Michael" and "Christmas Meals" in the memo. Thank you for sharing the light of Christ with those who are struggling this Christmas!

**ST. MICHAEL MAIL BUDDIES:** Do you like writing letters? Do you enjoy receiving letters? Are you interested in getting to know a member of our Saint Michael family who was born a few decades apart from you? If you answered "yes" to any of these questions, send your name and (snail) mailing address to Kh. Alyssa ([alyssakjendal@yahoo.com](mailto:alyssakjendal@yahoo.com)), and she will send you the name and (snail) mailing address of your St. Michael Mail Buddy. What an amazing opportunity to get to know and build a relationship with another member of our parish!