### St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113• <u>www.stmichaelcapecod.org</u> Like us on Facebook

## Sunday, October 25, 2020 Twentieth Sunday after Pentecost

## Celebrant: Fr. Ben Kjendal

### LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

<u>RESURRECTIONAL APOLYTIKION IN TONE THREE</u>: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

<u>APOLYTIKION OF SS. MARCIAN & MARTYRIOS THE NOTARIES IN TONE FOUR</u>: Thy Martyrs, O Lord, in their courageous contest for Thee, \* received as the prize the crowns of incorruption and life from Thee, our immortal God. \* For since they possessed Thy strength, they cast down the tyrants \* and wholly destroyed the demons' strengthless presumption. \* O Christ God, by their prayers, save our souls, since Thou art merciful.

<u>APOLYTIKION OF ST. MICHAEL THE ARCHANGEL</u>: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

<u>ORDINARY KONTAKION IN TONE TWO</u>: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

### TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

<u>The Mission of St Michael the Archangel Orthodox Church</u> is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

**A NOTE REGARDING HOLY COMMUNION:** Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, October 25	9:00 AM Orthros
	10:00 AM Divine Liturgy
Saturday, October 31	5:00 PM Vespers
	*** Daylight Saving Time ends ***
<u>Sunday, November 1</u>	9:00 AM Orthros
	10:00 AM Divine Liturgy

\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\*

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

#### \*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\*

THANK YOU to Jasmine & Paul Andrews for their tireless efforts in purchasing /delivering food donations!

### Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.
If you need anyone remembered during services (in Memory of or for Good Health of), please
let Fr. Ben know AT LEAST ONE WEEK IN ADVANCE so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

### THE EPISTLE

(For the Twentieth Sunday after Pentecost)

Sing praises to our God, sing praises. Clap your hands, all ye peoples.

The Reading from the Epistle of St. Paul to the Galatians. (1:11-19)

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

### THE GOSPEL

(For the Sixth Sunday of Luke)

### The Reading from the Holy Gospel according to St. Luke. (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.



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# ST. MICHAEL HAPPENINGS WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

**OCTOBER FOOD DRIVE:** This month we will be directing our outreach efforts to collecting food for the local food pantry. Families are struggling, and we can help ease their burden by donating additional non-perishable food items. If you would prefer to contribute monetarily, please send a check (made out to St. Michael with October Food Drive in the menu) to Kh. Alyssa:

PO Box 46 Sagamore, MA 02561

Thank you for being a light of Christ to our neighbors in need!

<u>Virtual Coffee Hour</u>: We will be having an online virtual coffee hour this Sunday. It will be so wonderful to see each other's faces again! Patti and George Sowpel will be hosting it on their Zoom page - you can click on this link to get on - <u>https://us04web.zoom.us/j/4455596566?pwd=WkRrdFZINXIJcIF3eEdHbHR5MnVudz09</u>

You may want to bookmark this. We will start right after church (usually 11:30 or so). If you have any questions or are having trouble logging on - email George or Patti at <a href="https://orthodox@comcast.net">orthodox@comcast.net</a> or call/text George at (508) 277-0262. Thank you!

**The 2020 Annual Parish Meeting** will be on Sunday December 13, 2020 immediately following the Divine Liturgy. The meeting will be held in 3 ways to accommodate everyone: in-person for those who attend Liturgy, on ZOOM and via phone. All the information is mailed out.

<u>Webinar Series for Parish Councils, Clergy and Parish Leaders - November 10 & 11</u>: All Clergy, Parish Council Members, and Parish Leaders are invited to a two-part online webinar on the topic "Reclaiming the Great Commission" led by Fr. Evan Armatas of St. Spyridon Church in Loveland, CO. This webinar is free to all, and is sponsored by the Diocese Council. We will discuss the topic of Parish Health, the obstacles we face, solutions and implementations to focus on Christ's command to make disciples of all nations. The webinar will begin at 7 pm on Tuesday November 10 and Part 2 will continue at 7 pm on Wednesday November 10.

Register for free in advance to get the Zoom Webinar link at: http://register.WorcesterDiocese.net

<u>From the Cookbook Committee</u>: We still need many more recipe testers. We can find a recipe for your skill level. Please consider trying something new for you and your family!

We are now accepting suggestions for a title to our cookbook. Get your thinking hats on and come up with a great name. You will receive credit in the book for the title if it is chosen.

Thanks to all who have submitted recipes and all who have already tested recipes and provided feedback. We can't do any of this without all of you.

With much love and thanks to you all,

Your Cookbook committee:

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