


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, October 04, 2020

Seventeenth Sunday after Pentecost

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE EIGHT: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

<u>Sunday, October 4</u>	9:00 AM Orthros 10:00 AM Divine Liturgy
<u>Saturday, October 10</u>	9:00 AM Cleaning Day 5:00 PM Vespers
<u>Sunday, October 11</u>	9:00 AM Orthros 10:00 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews for their tireless efforts in purchasing /delivering food donations!

NO COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For the Seventeenth Sunday after Pentecost)

Make your vows to the Lord our God and perform them.

God is known in Judah; His Name is great in Israel.

The Reading from the Second Epistle of St. Paul to the Corinthians. (6:16-7:1)

Brethren, we are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore, come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

THE GOSPEL

(For the Second Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (6:31-36)

The Lord said: "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

St Michael Church Cleaning Day: Please join us on **Saturday, October 10th** for St Michael Angel Day to clean the inside of our church. We will gather from 9-12 to dust, sweep and wash the windows, walls and floor of the church nave. We welcome everyone to come lend a hand!

Cleaning tools/supplies, in particular vacuum cleaners, mops and buckets, are welcome additions to the supplies we will use that day. Please contact Rick Bardine at rsbboston@yahoo.com to volunteer. Be an Angel and join us!

Antiochian Women Book Club: As you know, each year our Religious Coordinator recommends a book for all of the Antiochian Women throughout the Archdiocese to read, for our Book Club selection. This book is then discussed on an NAB, Diocesan and Parish Level. This year, our NAB Religious Coordinator, Fadia Juzdan, has chosen, with the blessing of our NAB Spiritual Advisor Bishop JOHN, the book, "The Holy Angels" by Mother Alexandra. "The Holy Angels" is a comprehensive account of the nature of the angels and their role in our salvation. In layperson's terms, Mother Alexandra presents the essence of everything the church has to teach us about the angels.

A few years ago, as many of you may or may not remember, our NAB Book Club Selection was "Royal Monastic: Princess Ileana of Romania". The book tells us of the life of Princess Ileana, her family life before and after the war broke out, how her husband was pressed into service in the military, and Princess Ileana had to flee with her family leaving everything behind with the exception of a beautiful tiara which she hid in a suitcase wrapped in whatever clothing she was able to bring with her. Along with her children, she fled to South America, and eventually to the United States. Having no money to feed her children she sold the tiara with its beautiful sapphire and diamonds. In spite of all that she and her family had been through, she never lost her faith in God. As her children grew and married over the years, she had the yearning to devote her life to the church, entered a monastery, and in time with her hard work, devotion to Christ and His Church, was chosen to become Mother Alexandra. She was the Founding Abbess of the Monastery of the Transfiguration in Ellwood City, PA, which still exists today.

You can find this book at Ancient Faith Publishing and on Amazon.

St. Michael International Cookbook: We still need many more recipe testers. We can find a recipe for your skill level. Please consider trying something new for you and your family!

We are now accepting suggestions for a title to our cookbook. Get your thinking hats on and come up with a great name. You will receive credit in the book for the title if it is chosen.

Thanks to all who have submitted recipes and all who have already tested recipes and provided feedback. We can't do any of this without all of you.

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