

*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)  Like us on Facebook

**Sunday, June 21, 2020**  
**Second Sunday after Pentecost**  
**Celebrant: Fr. Ben Kjendal**

**LITTLE ENTRANCE WEEKLY VARIABLES**

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE ONE: While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

<b><u>Sunday, June 21</u></b>	8:30 AM Orthros 9:30 AM Divine Liturgy
<b><u>Saturday, June 27</u></b>	7:00 PM Vespers
<b><u>Sunday, June 28</u></b>	8:30 AM Orthros 9:30 AM Divine Liturgy

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

THANK YOU to Jasmine & Paul Andrews, Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

**NO COFFEE HOUR**

**Please let us know if you are interested in being included on the coffee hour rotation schedule!**

***Our People are our Choir! We love to hear you sing with us! WELCOME!  
We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

## THE EPISTLE

(For Second Sunday after Pentecost)

*Let Thy mercy, O Lord, be upon us. Rejoice in the Lord, O ye righteous.*

### **The Reading from the Epistle of St. Paul to the Romans. (2:10-16)**

Brethren, glory and honor and peace for everyone who does good, the Jew first and also the Greek. For God shows no partiality. All who have sinned without the Law will also perish without the Law, and all who have sinned under the Law will be judged by the Law. For it is not the hearers of the Law who are righteous before God, but the doers of the Law who will be justified. When Gentiles who have not the Law do by nature what the Law requires, they are a law to themselves, even though they do not have the Law. They show that what the Law requires is written on their hearts, while their conscience also bears witness and their conflicting thoughts accuse or perhaps excuse them on that day when, according to my gospel, God judges the secrets of men by Christ Jesus.

## THE GOSPEL

(For Second Sunday of Matthew)

### **The Reading from the Holy Gospel according to St. Matthew. (4:18-23)**

At that time, as Jesus was walking by the Sea of Galilee, He saw two brothers, Simon who is called Peter and Andrew his brother, casting a net into the sea; for they were fishermen. And He said to them, "Follow Me, and I will make you fishers of men." Immediately they left their nets and followed Him. And going on from there He saw two other brothers, James the son of Zebedee and John his brother, in the boat with Zebedee their father, mending their nets, and He called them. Immediately they left the boat and their father, and followed Him. And He went about all Galilee, teaching in their synagogues and preaching the gospel of the Kingdom and healing every disease and every infirmity among the people.



## ST. MICHAEL THE ARCHANGEL ANTIOCHIAN ORTHODOX CHURCH

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### ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**St. Michael International Cookbook:** In an effort to ensure we have the most comprehensive collection possible, we have decided to extend the deadline for recipe submission to **JULY 14**. You are more than welcome to reach out to one of us for assistance to get your recipes submitted or to use the form online. We have been thrilled to have fabulous cooks (adults and children) who are in our families and outside of our parish make submissions. We welcome all of them.

Categories for your submissions are:

- Religious - example: Holy Bread; Memorial Wheat (Koliva)
- Appetizers
- Soups/Salads
- Main Dishes
- Side Dishes
- Lenten Dishes
- Kids' Corner
- Pastries/Desserts

Cookbook committee:

Linda Davis [spiker383@gmail.com](mailto:spiker383@gmail.com) / 774-836-8719

Elaine Burke [emacburke@gmail.com](mailto:emacburke@gmail.com) / 540-272-0433

Soraya Bandeli [sbandeli@comcast.net](mailto:sbandeli@comcast.net) / 617-842-8591



**We are still collecting money to be used toward the purchase of food for families at the Village at Cataumet!** Please consider making a monetary donation to assist with this endeavor of feeding our neighbors in need. Checks can be sent to the church, or directly to the Kjendals:

PO Box 46

Sagamore, MA 02561

(If you send a check to the church, please email Kh. Alyssa [alyssakjendal@yahoo.com](mailto:alyssakjendal@yahoo.com) so she can account for your donation in her purchases.) Thank you in advance for your generosity.

**Vacation Church School at Home!** This year we are being given the opportunity to participate in Vacation Church School from the comfort and convenience of our own homes! While it is a bit disappointing that we will not be able to be together for this fun and spiritually enriching time, the bright side is that you each will have the opportunity to intentionally engage your family in learning about our faith as you grow your own "little church" at home. Kh. Alyssa is putting together fabulous "Vacation Church School at Home" kits filled with everything you will need to experience "Vacation Church School at Home". If you would like to order a "Vacation Church School at Home" kit, you MUST EMAIL KH. ALYSSA ([alyssakjendal@yahoo.com](mailto:alyssakjendal@yahoo.com)) BY THE EVENING OF SUNDAY 6/21 WITH THE NAME(S) & AGE(S) OF THE CHILD(REN) FOR WHICH YOU WOULD LIKE MATERIALS!

The cost is \$20 per child. Please make checks out to St. Michael the Archangel, put "Vacation Church School at Home" in the memo, and mail the checks to the Kjendals:

P.O. Box 46

Sagamore, MA 02561

You will receive an email when the kits are available to be picked up at the church, hopefully in the beginning of July. If you have any questions or suggestions, please be in touch with Kh. Alyssa!