

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, June 7, 2020

The Great Feast of Pentecost

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Be Thou exalted, O Lord, in Thy strength; we shall praise and sing of Thy mighty acts. Save us, O Good Comforter, who sing to Thee. Alleluia.

APOLYTIKION OF PENTECOST IN TONE EIGHT: Blessed art Thou, O Christ our God, Who hast revealed the fishermen as most wise, having sent upon them the Holy Spirit, and through them Thou hast fished the universe, O Lover of mankind, glory to Thee.

KONTAKION OF PENTECOST IN TONE EIGHT: When the High One descended, confusing tongues, He divided the nations. And when He distributed the fiery tongues He called all to one unity. Wherefore, in unison we glorify the most Holy Spirit.

THE ANTI-TRISAGION HYMN

As many of you as have been baptized into Christ have put on Christ. Alleluia. (THRICE)

Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.

Have put on Christ. Alleluia.

Dynamis!

As many of you as have been baptized into Christ have put on Christ. Alleluia.

MEGALYNARION FOR THE FEAST IN TONE SEVEN

O Mother that hath known no man, thou didst conceive, not experiencing corruption, lending a body to the Word, the Creator of all, becoming a receptacle to thine insupportable Creator, a dwelling place to thine incomprehensible Maker. Wherefore, O virgin Theotokos, thee do we magnify.

KOINONIKON (COMMUNION HYMN) FOR PENTECOST IN TONE EIGHT

Thy good Spirit shall lead me in the land of uprightness. Alleluia.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, June 7 8:30 AM Orthros
 9:30 AM Divine Liturgy
 The Kneeling Prayers

Saturday, June 13 7:00 PM Vespers

Sunday, June 14 9:30 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

NO COFFEE HOUR

Please let us know if you are interested in being included on the coffee hour rotation schedule!

***Our People are our Choir! We love to hear you sing with us! WELCOME!
We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

Their voice has gone out into all the earth. The heavens declare the glory of God.

The Reading from the Acts of the Apostles. (2:1-11)

When the day of Pentecost had come, the Disciples were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (7:37-52; 8:12)

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, 'Out of his belly shall flow rivers of living water.'" Now this He said about the Spirit, which those who believed in Him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified. When they heard these words, many of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the Scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over Him. Some of them wanted to arrest Him, but no one laid hands on Him. The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring Him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or the Pharisees believed in Him? But this crowd, who do not know the Law, are accursed." Nicodemus, who had gone to Him before, and who was one of them, said to them, "Does our Law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee." Again Jesus spoke to them, saying, "I am the light of the world; he who follows Me will not walk in darkness, but will have the light of life."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

St. Michael International Cookbook: We hope everyone is doing well through this pandemic and finding comfort in Faith, Family, Friends and Food!! Speaking of food... the Women of the Church started thinking about its next project. We are very excited about this and hope you will be, too...

Our parish is very fortunate to have the BEST cooks, bakers and chefs around and we would like them to share their recipes and memories about them in a St. Michael International Cookbook. Everyone can contribute, young and old, men/women/children, amateur cooks and kitchen veterans! Our plan is to have our cookbook ready this fall, preceding the Thanksgiving and Christmas Holidays.

There are lots of categories to which you can contribute, with some dishes falling into more than one category. Feel free to submit as many recipes as you like. Remember that variety is the spice of life! Please also let us know if there is a dish you would like included, but do not make yourself.

Perhaps consider including a memory about your recipe(s) if you have any (for example, making it with your grandmother or your children). Sharing artwork or photos would also be welcome. Consider this a love letter to our heritage, our families, and our experiences. Your memories and comments will make that possible. We can help you with the process if you need it.

Categories for your submissions are:

- Religious - example: Holy Bread; Memorial Wheat (Koliva)
- Appetizers
- Soups/Salads
- Main Dishes
- Side Dishes
- Lenten Dishes
- Kids' Corner
- Pastries/Desserts



Please, download the Recipe form from our website, complete the form on your computer (without printing) and sent back to us with your recipe and information. This will minimize having to re-type and will help with editing formats. If you have any questions or need some assistance, please contact us at the below emails / cell numbers.

Deadline to submit completed form is June 15.

With much love and thanks to you all,

Your Cookbook committee:

Linda Davis spiker383@gmail.com / 774-836-8719

Elaine Burke emacburke@gmail.com / 540-272-0433

Soraya Bandeli sbandeli@comcast.net / 617-842-8591

St. Michael Newsletter: If you would like to write an article for St. Michael July Newsletter, you are very welcome to do it by June 15. Please, send it at stmichael@stmichaelcapecod.org It can be as short as one paragraph!