

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, April 26, 2020

Thomas Sunday or Anti-Pascha

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

APOLYTIKION FOR THOMAS SUNDAY IN TONE SEVEN: While the tomb was sealed, Thou didst shine forth from it, O Life. While the doors were closed, Thou didst come in to Thy Disciples, O Christ God, Resurrection of all, renewing in us through them an upright spirit, according to the greatness of Thy mercy.

THE KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrhbearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

MEGALYNARION FOR THOMAS SUNDAY IN TONE ONE: O most radiant lamp, the Theotokos, the immeasurable honor, which is more exalted than all creatures, with praises do we magnify thee.

KOINONIKON (COMMUNION HYMN) OF THOMAS SUNDAY (Psalm 147:1)

Praise the Lord, O Jerusalem; praise thy God, O Zion. Alleluia.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, May 3

9:00 AM Orthros

10:00 AM Divine Liturgy

***The Parish thanks Fr. Ben, David Easa, Erika, Anders and Nicholas for their stellar efforts during all the service during Holy Week.
Their mission to serve our parish is greatly appreciated.***

Albanian: Krishti Ungjall! Vertete Ungjall!

Arabic: Al Maseeh Qam! Haqqan Qam!

English: Christ is Risen! Truly He is Risen!

Greek: Christos Anesti! Alithos Anesti!

Polish: Khristus Zmartvikstau! Zaiste Zmartvikstau!

Portuguese: Christo Ressuscitou! Em Verdade Ressuscitou!

Romanian: Hristos a Inviat! Adevarat a Inviat!

Russian: Khristos Voskres! Voistinu Voskres!

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

NO COFFEE HOUR

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

Great is the Lord, and great is His power. Praise the Lord, for the Lord is good.

The Reading from the Acts of the Saintly and Pure Apostles. (5:12-20)

In those days, many signs and wonders were done among the people by the hands of the Apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the Apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (20:19-31)

On the evening of that day, the first day of the week, the doors being shut where the Disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the Disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the Twelve, called the Twin, was not with them when Jesus came. So the other Disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His Disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then He said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the Disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

Food for Hungry Thank you for your collection efforts during the annual Food for Hungry campaign this Lenten season, to help those with food insecurity. As we were not able to be together this Palm Sunday when the boxes were due back, we ask if you can please count the change you have collected and send us a check to be forward for relief efforts to those in need. As we continue to hear during this Epidemic, the numbers of those suffering are staggering. So please be generous with your donations. Please make your checks payable to: St Michael Orthodox Church and show "FOOD FOR HUNGRY" in the memo. They can be mailed to

St Michael Orthodox Church
62 Main St
Cotuit MA 02635

May God continue to bless you and your families!

Face Masks Soraya Bandeli has offered to make face masks for anyone who needs with no cost. If any of you needs please let her know at sbandeli@comcast.net or call 617-842-8591.

Food Assistance for Families at the Village at Cataumet During this unusual time we are experiencing, please help us in providing supplemental food to the 18 families at the Village at Cataumet. Kids are out of school and no longer have the guarantee of at least two meals a day, parents are unable to work, and inventory at grocery stores has been inconsistent. These families need help.

UPDATE: In an effort to keep more people at home (and fewer hands from touching the food that is being donated), Kh. Alyssa will be placing a Costco order each week to be sent directly to the Village at Cataumet. Please consider making a monetary donation to assist with this endeavor. Checks can sent to the church, or directly to the Kjendals:

PO Box 46
Sagamore, MA 02561

(If you send a check to the church, please email Kh. Alyssa alyssakjendal@yahoo.com so she can account for your donation in her purchases.) Thank you in advance for your generosity.

That sentiment is an echo of the staff at the Village at Cataumet, "Please thank everyone in advance for their thoughtfulness and generosity, we are truly blessed to have you by our side during this time!"

