## St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113• www.stmichaelcapecod.org Like us on Facebook



# **Sunday, April 12, 2020 Palm Sunday** Celebrant: Fr. Ben Kjendal

### LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Blessed is He Who cometh in the Name of the Lord: God is the Lord and hath appeared unto us. Save us, O Son of God, Who didst sit upon the foal of an ass; who sing to Thee. Alleluia.

APOLYTIKION OF LAZARUS SATURDAY IN TONE ONE: In confirming the common Resurrection, O Christ God, Thou didst raise up Lazarus from the dead before Thy Passion. Wherefore, we also, like the children, bearing the symbols of victory, cry to Thee, the Vanquisher of death: Hosanna in the highest; blessed is He that cometh in the Name of the Lord.

APOLYTIKION OF PALM SUNDAY IN TONE FOUR: O Christ God, when we were buried with Thee in Baptism, we became deserving of Thy Resurrection to immortal life. Wherefore, we praise Thee, crying: Hosanna in the highest! Blessed is He that cometh in the Name of the Lord.

KONTAKION OF PALM SUNDAY IN TONE SIX: Being borne upon a throne in Heaven, and upon a colt on the earth, O Christ God, Thou didst accept the praise of the angels and the laudation of the children as they cried to Thee: Blessed art Thou Who comest to recall Adam.

#### TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah Arabic

Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas Greek Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

### MEGALYNARION FOR PALM SUNDAY IN TONE FOUR:

God the Lord hath appeared unto us; let us celebrate the Feast, and let us rejoice and magnify Christ. With palms and branches let us raise our voices unto Him with praise, saying: Blessed is He that cometh in the Name of the Lord, our Savior.

## KOINONIKON (COMMUNION HYMN) FOR PALM SUNDAY IN TONE EIGHT:

Blessed is He Who cometh in the Name of the Lord, Alleluia.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

**Sunday, April 12** 9:00 AM Orthros

10:00 AM Divine Liturgy

6:30 PM Bridegroom Service 6:30 PM Bridegroom Service

Monday, April 136:30 PM Bridegroom ServiceTuesday, April 146:30 PM Bridegroom ServiceWednesday, April 156:30 PM Bridegroom ServiceThursday, April 169:00 AM Vesperal Divine Liturgy

6:30 PM Service of the Twelve Gospels

**Friday, April 17** 9:00 AM Royal Hours

4:00 PM Vespers (Removal of Our Lord's Body from the Cross)

6:30 PM Service of the Lamentations and Procession of the Holy Sepulchre

Saturday, April 18 9:00 AM Vesperal Divine Liturgy

10:45 PM Rush Service and Paschal Liturgy

\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\*

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

### \*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\*

<u>THANK YOU</u> to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

## **NO COFFEE HOUR**

Please let us know if you are interested in being included on the coffee hour rotation schedule!

# Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

## THE EPISTLE

Blessed is He Who cometh in the Name of the Lord.
O give thanks unto the Lord, for He is good; for His mercy endures forever.

## The Reading from the Epistle of St. Paul to the Philippians. (4:4-9)

Brethren, rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, these do; and the God of peace will be with you.

## THE GOSPEL

## The Reading from the Holy Gospel according to St. John. (12:1-18)

Six days before the Passover, Jesus came to Bethany, where Lazarus who had died was, whom Jesus had raised from the dead. There they made Him a supper; Martha served, and Lazarus was one of those at table with Him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped His feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, Simon's son, one of His Disciples (he who was to betray Jesus), said, "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not because he cared for the poor but because he was a thief, and as he had the moneybox he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of My burial. The poor you always have with you, but you do not always have Me." When the great crowd of the Jews learned that He was there, they came, not only on account of Jesus but also to see Lazarus, whom Jesus had raised from the dead. So the chief priests planned to put Lazarus also to death, because on account of him many of the Jews were going away and believing in Jesus. The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, "Hosanna! Blessed is He Who cometh in the Name of the Lord, the King of Israel!" And Jesus found a young ass and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on an ass's colt!" His Disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of Him and had been done to Him. The crowd that had been with Jesus when He called Lazarus out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet Jesus was that they heard He had done this sign.



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# ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE ALL FOR THE GLORY OF GOD AND HIS CHURCH

Soup Jars for Adoption There is a wonderful family (the Morris family) Erika Kjendal has connections with through her Orthodox online school that hosted three siblings from an orphanage in Ukraine over the summer. Loving the children, and knowing that the institution they were in leads them on to a life of addiction, prostitution, or suicide, they wanted to take them into their house for good and adopt the three children and their little brother. Unfortunately, though, the process of adoption is very expensive and not everyone has fifty thousand dollars tucked away for such a purpose! To offer some help, although Erika will

only be able to create a small dent in the expense, she has put together some soupmixes-in-a-jar. There are four varieties: Italian Barley, Split Pea, Coconut Curry, and Five Bean. All of them are completely Lenten and have clear instructions on the label. (It's simple; all you need to do is pour the soup mix into a pot with some water and possibly another ingredient.) Each jar is \$10 or five jars



for \$45, and all proceeds go to this family trying to adopt! Please consider buying one (or two or five!). It would be a nice gift to drop off on the doorstep of a lonely neighbor. They make about 4-6 servings each. They are all being displayed at church; but if you are trying not to leave the house, we are offering free delivery for orders of five jars or more, otherwise, the delivery fee is \$1 a jar. To buy and/or schedule a delivery please email Erika at kjendalhomeschool@gmail.com. Thank you for your support; it is appreciated more than you could imagine, and you are helping to make a huge impact on the lives of four amazing children of God.

Holy Week Service Books If anyone wants a copy before the start of our Holy Week on April 12, please contact Soraya Bandeli at sbandeli@comcast.net or call 617-842-8591. She will arrange to get one to you during this week. Cost is \$40 made out to St Michael SOYO. We have 7 copies in the bookstore.

Food Assistance for Families at the Village at Cataumet During this unusual time we are experiencing, please help us in providing supplemental food to the 18 families at the Village at Cataumet. Kids are out of school and no longer have the guarantee of at least two meals a day, parents are unable to work, and inventory at grocery stores has been inconsistent. These families need help.

UPDATE: In an effort to keep more people at home (and fewer hands from touching the food that is being donated), Kh. Alyssa will be placing a Costco order each week to be sent directly to the Village at Cataumet. Please consider making a monetary donation to assist with this endeavor. Checks can sent to the church, or directly to the Kjendals:

PO Box 46

Sagamore, MA 02561

(If you send a check to the church, please email Kh. Alyssa alyssakjendal@yahoo.com so she can account for your donation in her purchases.) Thank you in advance for your generosity.

That sentiment is an echo of the staff at the Village at Cataumet, "Please thank everyone in advance for their thoughtfulness and generosity, we are truly blessed to have you by our side during this time!"