


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, February 23, 2020

Sunday of the Last Judgment (Meat Fare)

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION FOR SUNDAY OF LAST JUDGMENT IN TONE ONE: When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, February 23 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy

Saturday, February 29 5:00 PM Vespers

Sunday, March 1 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy

Vespers with Ceremony of Mutual Forgiveness

Winter Weather announcement for St Michael Parish

In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station. **Be safe during storms.**

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week week (MEATFARE) and the next 3 weeks: **Tatiana R., Zoya, Clough, Kjendal, Savas, & Andrews**

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For Sunday of the Last Judgment)

The Lord is my strength and my praise.

The Lord chastising hath chastised me, but He hath not delivered me over to death.

The Reading from the First Epistle of St. Paul to the Corinthians. (8:8-9:2)

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care, lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you—a man of knowledge—at table in an idol’s temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother’s falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

THE GOSPEL

(For Sunday of the Last Judgment)

The Reading from the Holy Gospel according to St. Matthew. (25:31-46)

The Lord said, “When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.’ Then the righteous will answer Him, ‘Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.’ Then He will say to those at his left hand, ‘Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.’ Then they also will answer, ‘Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?’ Then He will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.’ And they will go away into eternal punishment, but the righteous into eternal life.”



ST. MICHAEL THE ARCHANGEL ANTIOCHIAN ORTHODOX CHURCH

62 Main Street, Cotuit, MA 02635 T: 508-420-1113

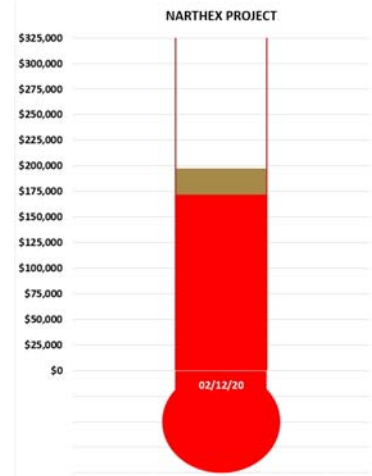
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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **donated back** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... please stop by and help support your neighbors in need with every purchase!

NARTHEX UPDATE Last year we decided to add a narthex to our church. We set a goal to raise \$325,000 in order to accomplish this and began the Narthex Fund Drive. To date we have received pledges totaling \$190,695. This is **\$154,170** short of our goal. To date, we have collected \$170,830 in donations which includes the anonymous matching donation of \$10,000. Thank you to all for your loving and generous response to this important endeavor of St. Michael the Archangel Church. If you have not yet made your pledge, please consider doing so now. Pledge forms are available at the side entrance to our church or in the church office. Your pledge in any amount will help. Our church family must stay united to see our narthex project to fruition.



GOAL:	\$325,000
PLEDGES:	\$190,695
DONATIONS TO DATE:	\$170,830
STILL NEEDED:	\$154,170

Triumph of Orthodoxy Vespers The Council of Eastern Orthodox Churches of Central Massachusetts and His Grace Bishop JOHN invite you to Great Vespers on **Saturday, March 7 at 6 pm at St. George Cathedral in Worcester** for a **pan-Orthodox Great Vespers** for the Triumph of Orthodoxy. All clergy of the Assembly of Bishops are invited to serve.

Orthodox Speaking event invite Human Trafficking There will be a one day work shop on Saturday, March 14 at St Gregory the Theologian Greek Orthodox Church in Mansfield on Human Trafficking. This is a real threat to our children and to all people. Register at <http://www.eventbrite.com/e/90623189399>

Fish Feast Save the date for our annual **Fish Feast to benefit ZOE House**, a pan-Orthodox crisis pregnancy center! Join us on **Sunday, March 22** after Liturgy to support this life-saving organization!

Diocese Lenten Retreat & Youth Day All are invited to attend the Annual Diocese Lenten Retreat & Youth Day on **Saturday, March 28, 2020 at St. John of Damascus Church in Dedham**. The day will begin with Divine Liturgy at 9:00 am, followed by a light breakfast. The keynote speaker will be Mr. Gregory Abdalah, D. Min, who is the Pastoral Assistant at St. George Church in Phoenix, AZ. Registration details:

<https://www.eventbrite.com/e/2020-diocese-lenten-retreat-youth-day-tickets-89246142615>

Holy Week and Pascha Service Books available at bookstore. Cost is \$40. Please see any Soyo member or Soraya Bandeli. Holy Week will be upon us before you know it. Get your copy now!

FISH FEAST
Sunday, March 22, 2020
 10:00am-12:00pm
 St. Michael the Archangel Orthodox Church
 62 Main Street, Cotuit
 \$25 adults, \$10
 \$10 children 6-12
 children 5 and under free
 Gift Basket
 Drawing!
 All proceeds will help
 ZOE House continue
 their life-saving work.
 ZOE House, located in Boston, MA is a
 provider of 24-hour crisis pregnancy
 services for the support women in
 difficult situations.
 For more information, please contact Kelly, Office Administrator
 kelly@zoehouse.org or 617-267-1111
 www.zoehouse.org