


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, February 09, 2020

Sunday of the Pharisee and the Publican

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE ONE: While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

APOLYTIKION OF THE PRESENTATION OF CHRIST IN TONE ONE: Rejoice, O Virgin Theotokos, full of grace, for from thee arose the Sun of justice, Christ our God, lighting those who are in darkness. Rejoice and be glad, O righteous elder, carrying in thine arms the Deliverer of our souls, Who granteth us Resurrection.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE PRESENTATION OF CHRIST IN TONE ONE: Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin's womb, and, as is meet, didst bless Simeon's arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

MEGALYNARION OF THE PRESENTATION IN TONE THREE: *O Theotokos, thou hope of all Christians; keep and shelter and preserve them that set their hope in thee.*

In the shadow and letter of the Law, let us the faithful contemplate a prefiguring: Every male child that openeth the womb is holy unto God. Therefore, do we magnify the first-born Word, the Son of the Father Who is without beginning, the first-born Child of a Mother who hath not known wedlock.

KOINONIKON (COMMUNION HYMN) OF THE FEAST IN TONE EIGHT: I will receive the cup of salvation, and call upon the Name of the Lord. Alleluia.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, February 9 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy
SOYO Meeting
Women's Meeting

Saturday, February 15 5:00 PM Vespers

Sunday, February 16 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy

Winter Weather announcement for St Michael Parish

In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station. **Be safe during storms.**

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week hosted by: **Parish Council**

Next week: **Women's Group**

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For Sunday of the Pharisee and Publican)

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.

*For He hath regarded the humility of His servant.**

The Reading from the Second Epistle of St. Paul to St. Timothy. (3:10-15)

Timothy my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my sufferings; and what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured; yet from them all, the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

** The Prokeimenon is for the Presentation, in recognition of the Leave-taking of the Feast.*

THE GOSPEL

(For Sunday of the Pharisee and Publican)

The Reading from the Holy Gospel according to St. Luke. (18:10-14)

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to Heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **donated back** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... please stop by and help support your neighbors in need with every purchase!

School Vacation Lunch Boxes For families whose children receive free breakfast and lunch at school, school vacations are an additional hardship for struggling families. We will be packing and delivering a week's worth of breakfast and lunch foods for the school-aged children at the Village at Cataumet on **Sunday, February 16**. Additionally, we will be providing lunch for all of the residents at the Village at Cataumet on **Wednesday, February 19**. Please speak to Kh. Alyssa if you are able to help shop for the food, assist with the packing and delivery on Sunday 2/16, and/or attend the lunch at the Village on Wednesday 2/19.

Winter Clothing Drive Items will be delivered to The Family Pantry of Cape Cod on Saturday, February 22. Please speak to Kh. Alyssa if you are able to help with the delivery!

Triumph of Orthodoxy Vespers The Council of Eastern Orthodox Churches of Central Massachusetts and His Grace Bishop JOHN invite you to Great Vespers on **Saturday, March 7 at 6 pm at St. George Cathedral in Worcester** for a **pan-Orthodox Great Vespers** for the Triumph of Orthodoxy. All clergy of the Assembly of Bishops are invited to serve.

Diocese Lenten Retreat & Youth Day All are invited to attend the Annual Diocese Lenten Retreat & Youth Day on **Saturday, March 28, 2020 at St. John of Damascus Church in Dedham**. The day will begin with Divine Liturgy at 9:00 am, followed by a light breakfast. The keynote speaker will be Mr. Gregory Abdalah, D. Min, who is the Pastoral Assistant at St. George Church in Phoenix, AZ. Registration details:

<https://www.eventbrite.com/e/2020-diocese-lenten-retreat-youth-day-tickets-89246142615>

Diocese PLC - June 19-21, 2020 @ The Cape Coddier Resort & Spa in Hyannis Join us on the Cape for a memorable weekend as we gather as a Diocese Family. Activities being planned for the weekend include: Outdoor Lobster Clambake, Bible Bowl, Teen Beach Events, Oratorical Festival, Antiochian Women's Brunch, Young Adult Activities, Order of St. Ignatius Dinner, Hafli, Hierarchical Divine Liturgy with Bishop JOHN.

Please visit <http://stmaryorthodoxchurch.org/plc> for more details including event schedules, registration info and hotel reservations. Stay tuned for more information as it is made available!



Holy Week and Pascha Service Books available at bookstore. Cost is \$40. Please see any Soyo member or Soraya Bandeli. Holy Week will be upon us before you know it. Get your copy now!

Save the Date! Our first Diocese Summer Camp will be held August 9-15, 2020! We are very excited to announce that our Diocese will sponsor a one-week summer camp program this summer, August 9-15, 2020 for grades 4-12! The program will be based off of the Antiochian Village program, and held at the St. Methodios Faith & Heritage Center in Contoocook, NH. Fr. Benjamin Kjendal will be the Camp Director and Khalil Samara will be the Executive Director along with many AV Staff alumni ministering to our young people. More details including registration and staff applications will be posted very soon.