


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, January 19, 2020

Twenty-ninth Sunday after Pentecost

Celebrant: Fr. Herman Lasseter

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF ST. MAKARIOS OF EGYPT IN TONE ONE: Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonderworker, O Makarios, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts, and thou healest the sick and the souls of them that have recourse to thee with faith. Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE PRESENTATION OF CHRIST IN TONE ONE: Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin's womb, and, as is meet, didst bless Simeon's arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Please, remember to return your stewardship pledge form, if you haven't done it yet.
Additional copies are available at the back of the church.

Sunday, January 19 10:00 AM Divine Liturgy
Saturday, January 25 4:00 PM Food for Thought
 6:00 PM Vespers
Sunday, January 26 9:00 AM Orthros / 9:15 AM Church School
 10:00 AM Divine Liturgy

Winter Weather announcement for St Michael Parish

In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station. **Be safe during storms.**

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week hosted by: **Rassias, Elaine Burke, Klovov, & Michelle Mullaney** Next week: Choir & Epistle Readers
Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For the Twenty-ninth Sunday after Pentecost)

How magnified are Thy works, O Lord; in wisdom hast Thou made them all.

Bless the Lord, O my soul.

The Reading from the Epistle of St. Paul to the Colossians. (3:4-11)

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

THE GOSPEL

(For the Twelfth Sunday of Luke—"Ten Lepers")

The reading from the Holy Gospel according to St. Luke. (17:12-19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **donated back** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... please stop by and help support your neighbors in need with every purchase!

SHOP ON AMAZON AND SUPPORT ST. MICHAEL Please consider taking this one extra step to your normal shopping routine on Amazon! You start at smile.amazon.com and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is it! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael, it's **no additional cost for you**. If you need help, ask David Easa. Please tell your family and friends about it! Together we can raise some funds for our many programs!

ECCLESIASTICAL CALENDAR There is a new ecclesiastical calendar for 2020 at the back of the church. It's \$5 each. All proceeds will benefit the Narthex Fund.

WINTER CLOTHING DRIVE Throughout the month of January we will be collecting items to be donated to the Family Pantry of Cape Cod Now is a great time to clean out those closets and dressers and share your gently used items with those in need! Please see the list below for suggestions, and thank you for your time and generosity!

Jewelry: We accept any kind of jewelry and it is one of the top selling items at our Second Glance Thrift Boutique. All proceeds from the sale are used to support The Family Pantry of Cape Cod.

Clothing: We accept the following clothing items in good/clean condition: Sizes infant through adult for both men and women. We also accept handbags and shoes. Shoes should be in very good condition.

Household Items: We accept gently used linens, blankets and towels. We also accept household items such as vases, art work, small working appliances (nothing bigger than a bread box) and knick-knacks.

FOOD FOR THOUGHT will be **Saturday, January 25**. Arrive at 4 PM for food, fellowship, and discussion. Vespers will immediately follow. This is a wonderful opportunity to engage in discussion about our faith and our lives as Orthodox Christians.

Once again we will be **TYING SCARVES** along Main Street in Hyannis to spread warmth to the homeless in that area. Join us after coffee hour on **Sunday, January 26** for this act of love and kindness.

LIST OF PARISH COUNCIL BOARD 2020

- Joe Rahal – Chair, John Abodeely – Vice Chair
- Alex Mina – Secretary
- Michelle Mullaney – Treasurer, Paulin Rassias – Assistant Treasurer, Joe Boruch – Stewardship

Diocese Lenten Retreat & Youth Day All are invited to attend the Annual Diocese Lenten Retreat & Youth Day on **Saturday, March 28, 2020 at St. John of Damascus Church in Dedham**. The day will begin with Divine Liturgy at 9:00 am, followed by a light breakfast. The keynote speaker will be Mr. Gregory Abdalah, D. Min, who is the Pastoral Assistant at St. George Church in Phoenix, AZ. Registration details:

<https://www.eventbrite.com/e/2020-diocese-lenten-retreat-youth-day-tickets-89246142615>

