


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, January 5, 2020

Sunday before Theophany of Christ

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FOUR: Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION FOR THE PARAMON (EVE) OF THEOPHANY IN TONE FOUR: River Jordan was turned back by Elisseus' mantle once, when the fiery man of zeal Elias had been taken up; then were its waters divided hither and thither. The running streams became dry passage unto him, truly as a sign and type of Baptism, whereby we pass to the other side of the shifting stream of this fleeting life. Christ hath appeared in the Jordan River, to sanctify the waters.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE FOREFEAST OF THEOPHANY IN TONE FOUR: In the running waters of the Jordan River, on this day the Lord of all crieth to John: Be not afraid and hesitate not to baptize Me, for I am come to save Adam, the first-formed man.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, January 5 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy

Monday, January 6 **Great Feast of Theophany at St. George, West Roxbury**
5:30 PM Orthros
7:00 PM Hierarchical Divine Liturgy & Blessing of Water

Saturday, January 11 4:00 PM Family Fellowship
6:00 PM Vespers

Sunday, January 12 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy

Winter Weather announcement for St Michael Parish

In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station. **Be safe during storms.**

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews, Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week & next 2 weeks hosted by: **Rassias, Elaine Burke, Klovov, & Michelle Mullaney**

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For the Sunday before the Theophany of Christ)

O Lord, save Thy people and bless Thine inheritance. Unto Thee, O Lord, will I cry, O my God.

The Reading from the Second Epistle of St. Paul to St. Timothy. (4:5-8)

My child Timothy, be watchful in all things, suffer hardship, do the work of an evangelist, fulfill your ministry. For, I am already being poured out as a libation, and the season of my departure is at hand. I have fought the good fight, I have finished the course, and I have guarded the faith. Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will reward me at that day, and not to me only, but also to all those who have loved His appearing.

THE GOSPEL

(For the Sunday before the Theophany of Christ)

The reading from the Holy Gospel according to St. Mark. (1:1-8)

The beginning of the Gospel of Jesus Christ, the Son of God. As it is written in Isaiah the prophet, "Behold, I send my messenger before thy face, who shall prepare thy way; the voice of one crying in the wilderness: Prepare the way of the Lord, make his paths straight." John the Baptizer appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. And there went out to him all the country of Judea, and all the people of Jerusalem; and they were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, and had a leather girdle around his waist, and ate locusts and wild honey. And he preached, saying, "After me comes He Who is mightier than I, the strap of Whose sandals I am not worthy to stoop down and untie. I have baptized you with water; but He will baptize you with the Holy Spirit."



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ST. MICHAEL HAPPENINGS

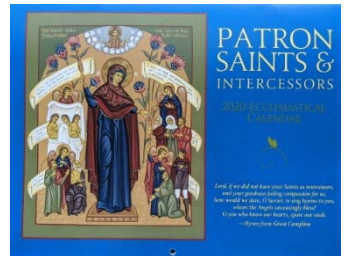
WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **donated back** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... please stop by and help support your neighbors in need with every purchase!

SHOP ON AMAZON AND SUPPORT ST. MICHAEL Please consider taking this one extra step to your normal shopping routine on Amazon! You start at smile.amazon.com and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is it! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael, it's **no additional cost for you**. If you need help, ask David Easa. Please tell your family and friends about it! Together we can raise some funds for our many programs!

ECCLESIASTICAL CALENDAR There is a new ecclesiastical calendar for 2020 at the back of the church. All proceeds will benefit the Narthex Fund.

Great Feast of Theophany Join His Grace Bishop JOHN, the clergy and faithful of our Diocese on **Monday, January 6 for Matins (5:30 pm) and Divine Liturgy (7 pm) at St. George, West Roxbury** to celebrate the Great Feast of Theophany and the Blessing of Water. A reception will follow.



The Diocese Antiochian Women & SOYO Meeting The Diocese Antiochian Women and Teen SOYO will meet on **Saturday, January 11, 2020 at St. Mary Church in Cambridge**. The day will begin with the celebration of Divine Liturgy at 9:00 am, followed by a light breakfast, and the meetings. Lunch will be served at 12:30 pm.

CHURCH SCHOOL PAGEANT is going to be on Sunday, January 5, during coffee hour. The theme is a Russian fairy tale "The Wooden House" («Теремок»).

WINTER CLOTHING DRIVE Throughout the month of January we will be collecting items to be donated to the Family Pantry of Cape Cod Now is a great time to clean out those closets and dressers and share your gently used items with those in need! Please see the list below for suggestions, and thank you for your time and generosity!

Jewelry: We accept any kind of jewelry and it is one of the top selling items at our Second Glance Thrift Boutique. All proceeds from the sale are used to support The Family Pantry of Cape Cod.

Clothing: We accept the following clothing items in good/clean condition: Sizes infant through adult for both men and women. We also accept handbags and shoes. Shoes should be in very good condition.

Household Items: We accept gently used linens, blankets and towels. We also accept household items such as vases, art work, small working appliances (nothing bigger than a bread box) and knick-knacks.

FAMILY FELLOWSHIP and VESPERS will be on **Saturday, January 11!** Arrive at 4:00 for food, fellowship, and family games. Vespers will immediately follow. Everyone is welcome to attend, and families with children are especially encouraged to join us! Spread the word! Invite a friend! Bring your favorite board game! It's guaranteed to be a blast!

