


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, December 08, 2019

Twenty-fifth Sunday after Pentecost

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE EIGHT: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PREPARATION OF CHRIST'S NATIVITY IN TONE THREE: On this day the Virgin cometh to the cave to give birth to God the Word ineffably, Who was before all the ages. Dance for joy, O earth, on hearing the gladsome tidings; with the Angels and the shepherds now glorify Him Who is willing to be gazed on as a young Child Who before the ages is God.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, December 8 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy

Annual Parish Meeting

Saturday, December 14 4:00 PM Family Fellowship
6:00 PM Vespers

Sunday, December 15 9:00 AM Orthros / 9:15 AM Church School
10:00 AM Divine Liturgy

Winter Weather announcement for St Michael Parish

In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station. **Be safe during storms.**

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews, Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week hosted by: **Parish Council**

Next week: Families with Young Children

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For the Twenty-fifth Sunday after Pentecost)

Make your vows to the Lord our God and perform them.

God is known in Judah; His Name is great in Israel.

The Reading from the Epistle of St. Paul to the Ephesians. (4:1-7)

Brethren, I, a prisoner for the Lord, beg you to lead a life worthy of the calling to which you have been called, with all lowliness and meekness, with patience, forbearing one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all, Who is above all and through all and in all. But grace was given to each of us according to the measure of Christ's gift.

THE GOSPEL

(For the Tenth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (13:10-17)

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, He called her and said to her, "Woman, you are freed from your infirmity." And He laid His hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." Then the Lord answered him, "You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham, whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As Jesus said this, all His adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by Him.



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... please stop by and help support your neighbors in need with every purchase! **The bookstore is stocked with gift items for the Nativity Season and chocolate Santa for the Feast of St. Nicholas!**

SHOP ON AMAZON AND SUPPORT ST. MICHAEL As the **Christmas shopping** is here, please consider taking this one extra step to your normal shopping routine on Amazon! You start at [smile.amazon.com](https://www.smile.amazon.com) and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is it! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael, it's **no additional cost for you**. If you need help, ask David Easa. Please tell your family and friends about it! Together we can raise some funds for our many programs!

CHRISTMAS FAIR Our parishioner Olga DiSavino is a member of Barnstable County Beekeeping Association. They will have a fun family event on **Tuesday, December 10 at 7:30 PM** and hope to have our parish come out to support them. There will be local honey and other items made from beeswax for sale / Live Christmas music. Come with your family and friends to Barnstable Community Center - 2377 Meetinghouse Way, Barnstable MA. If you have any questions, contact Olga DiSavino: ack_olenka@yahoo.com

DON'T MISS THE FUN!!! Our next FAMILY FELLOWSHIP and VESPERS will be on **Saturday, December 14!** Arrive at 4:00 for food, fellowship, and family games. Vespers will immediately follow.

Everyone is welcome to attend, and families with children are especially encouraged to join us! Spread the word! Invite a friend! Bring your favorite board game! It's guaranteed to be a blast!



CALLING ALL COOKIE BAKERS!!! We will be delivering 50 Christmas meals to Faith Family Kitchen this December, and we will be including a tin of homemade cookies with each meal. If you are interested in a baking a batch or two of cookies, please speak to Kh. Alyssa. We will be packing the cookies on **Sunday, December 15** during coffee hour and delivering the meals to Hyannis on **Friday, December 20**. Thank you, in advance, for your help!!!

CHRISTMAS CARDS depicting original artwork by Sandra Sedell are on sale in the church hall. Cards are \$2 each. Sandra is a talented artist who works in oils and watercolors. She and her husband are summer resident of East Falmouth and friends of St. Michael Church. All proceeds will benefit the Narthex Fund.

NARTHEX MATCHING DONATION We have been blessed to have a very generous donor that is willing to match St. Michael the Archangel parishioner donations from October through December for a total match of up to **\$10,000**. Please be generous with your Narthex donations so that we make take full advantage of this wonderful offer. If you have any questions, please speak with Fr. Ben, Joe Rahal, John Abodeely, Joe Boruch, or Michelle Mullaney.