

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, October 20, 2019

Eighteenth Sunday after Pentecost

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE ONE: While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

APOLYTIKION OF ST. ARTEMIUS THE GREAT-MARTYR IN TONE FOUR: Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by his prayers, save our souls, since Thou art merciful.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, October 20 9:15 AM Church School
10:00 AM Divine Liturgy
12:00 – 1:30 PM Choir Workshop with Katie Boardman

Saturday, October 26 5:00 PM Vespers

Sunday, October 27 9:15 AM Church School
10:00 AM Divine Liturgy

Narthex Matching Donation

We have been blessed to have a very generous donor that is willing to match St. Michael the Archangel parishioner donations from October through December for a total match of up to **\$10,000**. Please be generous with your Narthex donations so that we make take full advantage of this wonderful offer. If you have any questions, please speak with Fr. Ben, Joe Rahal, John Abodeely, Joe Boruch, or Michelle Mullaney.

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week hosted by **Parish Council**

Next week: **Women's Group**

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For the Eighteenth Sunday after Pentecost)

Let Thy mercy, O Lord, be upon us. Rejoice in the Lord, O ye righteous.

The Reading from the Second Epistle of St. Paul to the Corinthians. (9:6-11)

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

THE GOSPEL

(For the Sixth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

SHOP ON AMAZON AND SUPPORT ST. MICHAEL You start at smile.amazon.com and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is all! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael. Please consider taking this one extra step to your normal shopping routine! Tell your family and friends about it! Together we can raise some funds for our many programs!

PRISON BOOK DRIVE We are continuing to collect books to be donated to a local prison. All books should be NEW or GENTLY USED PAPERBACKS (no hard covers or spiral bindings). Romance novels, books targeted specifically for women, or books picturing or featuring weapons and true crimes are not accepted.

FILL THE FRIDGE Throughout the month of October, we are working to collect NON-PERISHABLE food for our local food pantry!!! Food should be deposited in the "fridge" inside the side entrance of the church. Thank you for your generosity in helping our neighbors in need!

CHOIR WORKSHOP The choir has another workshop with **Katie Boardman on October 20**. It's not necessary to be a member of the choir to take part in it. Mark your Calendars and join!!!

FOOD FOR THOUGHT will be resuming! Mark your calendars for **Saturday, October 26**. Arrive at **4 PM** for food, fellowship, and discussion. Vespers will immediately follow.

HARVEST FESTIVAL On **Sunday, October 27 from 2-4 PM** we will be hosting a **Harvest Festival at the Village at Cataumet**. Please see the flyer and speak to Kh. Alyssa if you are interested in helping with this fun event!

COFFEE HOUR In an attempt to ease the burden of providing food and cleaning up, a new coffee hour schedule has been created in which several families will share the responsibility of coffee hour for four weeks in a row, with the exception of the weeks that our parish's organizations host coffee hour. You can find it at the back and on our website. Even if your name is not on the list, you are always welcome to bring a dish to share or stay to help with clean up!

FAMILY FELLOWSHIP AND VESPERS on Saturday November 9! Arrive at 4:00 for food, fellowship, and family games. Vespers will immediately follow. Everyone is welcome to attend, and families with children are especially encouraged to join us!

FASHION SHOW LUNCHEON Join us on **November 23 at 12 PM** for a fun afternoon **Fashion Show Luncheon** to benefit the Narthex Project Campaign. Featured will be Fine fashions from W by Worth and accessories including jewelry, purses and scarves by Stella and Dot. Luncheon of Greek Lemon chicken, rice pilaf and Greek salad includes coffee and Greek pastry for dessert. All this as well as a door prize and raffle for just \$25. Contact Jourdan Clough for tickets.



RAFFLE BASKETS DONATIONS Michelle Mullaney is decorating raffle baskets for the Fashion Luncheon in November to benefit the Narthex project. Please, consider making monetary or gift card donations to cover the costs.

Harvest Festival

Hosted by St. Michael the Archangel Orthodox Church



Where: Village at Cataumet

When: Sunday, October 27st 2:00-4:00

What:

Food

Pumpkin

Fun

Decorating

Games

Face Painting

All are welcome to join this fun,
free, family event!

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FILL THE FRIDGE GROCERY LIST

canned chili
canned pasta
beef stew
pasta sauce
dried pasta
macaroni and
cheese
rice
canned fruit
canned vegetables
pancake mix
cake mix
canned soups
cereal
canned tuna

canned chicken
beans
peanut butter
jelly
canned and instant
potatoes
crackers
stuffing
dried plums
shelf stable milk
gravy
assorted canned
tomatoes
pork and beans