

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, October 13, 2019

Sunday of Holy Fathers of Seventh Ecumenical Council

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE EIGHT: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF THE HOLY FATHERS IN TONE EIGHT: Thou, O Christ, art our God of exceeding praise Who didst establish our Holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

APOLYTIKION OF ST. JACOB OF HAMATOURA IN TONE THREE: As a cedar of Lebanon thou growest, never fearing thy martyrdom and death, thou becamest a true victor, O Saint Jacob. For thou didst overcome death with thy mortal flesh, when thou didst tame all the passions by humility. And while burning like incense, as a true sacrifice, thou intercedeth with Christ to grant our souls the great mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, October 13 9:15 AM Church School
10:00 AM Divine Liturgy
1:30 – 4:00 PM SOYO Movie Afternoon

Saturday, October 19 5:00 PM Vespers

Sunday, October 20 9:15 AM Church School
10:00 AM Divine Liturgy

Narthex Matching Donation

We have been blessed to have a very generous donor that is willing to match St. Michael the Archangel parishioner donations from October through December for a total match of up to **\$10,000**. Please be generous with your Narthex donations so that we make take full advantage of this wonderful offer. If you have any questions, please speak with Fr. Ben, Joe Rahal, John Abodeely, Joe Boruch, or Michelle Mullaney.

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week hosted by **Families with Young Children**

Next week: Parish Council

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For the Holy Fathers)

Blessed are Thou, O Lord, the God of our Fathers.

For Thou art just in all that Thou hast done.

The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

THE GOSPEL

(For the Fourth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:5-15)

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when His Disciples asked Him what this parable meant, Jesus said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As Jesus said this, He called out, "He who has ears to hear, let him hear."



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ORTHODOX CHURCH*

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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... **please stop by and help support your neighbors in need with every purchase! See our Silver cross collection from Russia! Beautiful craftsmanship!**

SHOP ON AMAZON AND SUPPORT ST. MICHAEL You start at smile.amazon.com and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is all! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael. Please consider taking this one extra step to your normal shopping routine! Tell your family and friends about it! Together we can raise some funds for our many programs!

PRISON BOOK DRIVE We are continuing to collect books to be donated to a local prison. All books should be NEW or GENTLY USED PAPERBACKS (no hard covers or spiral bindings). Romance novels, books targeted specifically for women, or books picturing or featuring weapons and true crimes are not accepted.

FILL THE FRIDGE Throughout the month of October, we are working to collect NON-PERISHABLE food for our local food pantry!!! Food should be deposited in the "fridge" inside the side entrance of the church. Thank you for your generosity in helping our neighbors in need!

SOYO MOVIE AFTERNOON SOYO is hosting Movie Afternoon this Sunday, **October 13, 2019 at 1:30 - 4 p.m.** The movie is: Wonder. Ages 9 – 18 are welcome.

CHOIR WORKSHOP The choir is going to have another workshop with **Katie Boardman on October 20**. It's not necessary to be a member of the choir to take part in it. Mark your Calendars and join!!!

HARVEST FESTIVAL On **Sunday 10/27 from 2:00-4:00** we will be hosting a **Harvest Festival at the Village at Cataumet**. Please see the flyer and speak to Kh. Alyssa if you are interested in helping with this fun event!

COFFEE HOUR If you have suggestions on how to improve the coffee hour schedule, system, rotation, or experience, please email or speak to Kh. Alyssa. Our current model will be getting a make-over this fall, so please be sure to give your input and volunteer to help make this important time of fellowship fruitful for all!

IN THE WORKS – SAVE THE DATE Plans are underway for a **Fashion Event Luncheon on November 23, 2019 at 12:00 Noon** at St. Michael's church hall to benefit the Narthex Project. Tickets going on sale on October 8, 2019. For details see Vicki Abodeely or Pauline Rassias.

RAFFLE BASKETS DONATIONS Michelle Mullaney is decorating raffle baskets for our church events: one for International Food Festival and two more for the Fashion Luncheon in November to benefit the Narthex project. Please, consider making monetary or gift card donations to cover the costs.

Harvest Festival

Hosted by St. Michael the Archangel Orthodox Church



Where: Village at Cataumet

When: Sunday, October 27st 2:00-4:00

What:

Food

Pumpkin

Fun

Decorating

Games

Face Painting

All are welcome to join this fun,
free, family event!