


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, July 28, 2019

Sixth Sunday after Pentecost

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FIVE: Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE TRANSFIGURATION IN TONE SEVEN: Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

<u>Sunday, July 28</u>	9:30 AM Divine Liturgy St. Michael Cookout
<u>Tuesday, July 30</u>	9:00-11:30 AM Vacation Church School
<u>Wednesday, July 31</u>	9:00-11:30 AM Vacation Church School
<u>Thursday, August 1</u>	9:00-11:30 AM Vacation Church School
<u>Saturday, August 3</u>	7:00 PM Vespers
<u>Sunday, August 4</u>	9:30 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews, Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS! PLEASE JOIN US FOR COFFEE HOUR!

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week hosted by **Parish Council**

Next week: **Women's Group**

Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

(For Sixth Sunday after Pentecost)

Thou, O Lord, wilt preserve us and keep us from this generation.

Save me, O Lord, for the Godly man hath disappeared.

The Reading from the Epistle of St. Paul to the Romans. (12:6-14)

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

THE GOSPEL

(For Sixth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (9:1-8)

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.



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ORTHODOX CHURCH*

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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... **please stop by and help support your neighbors in need with every purchase! See our Silver cross collection from Russia! Beautiful craftsmanship!**

SHOP ON AMAZON AND SUPPORT ST. MICHAEL You start at smile.amazon.com and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is all! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael. Please consider taking this one extra step to your normal shopping routine! Tell your family and friends about it! Together we can raise some funds for our many programs!

Know any shut-ins? Please give the names and addresses of any shut-ins from our parish to Kh. Alyssa. The children would like to begin making regular visits to these folks who are unable to join us on Sundays and for other church events, but we need to know who and where they are!

VACATION CHURCH SCHOOL IS HAPPENING THIS WEEK!!! If you have not yet registered and your family is interested in participating, please speak to Kh. Alyssa ASAP to see if there are still spots available.

ST. MICHAEL FAMILY COOKOUT, July 28 Join us for a free fun event after Liturgy. Cookout for our parish family and friends, sponsored by the Parish Council.



BACKPACK BLESSINGS SCHOOL SUPPLY DRIVE! Once again, we will be collecting NEW backpacks and school supplies now through August 18 for children whose families are unable to purchase these items themselves. Please see the list below for suggestions of what is needed. On Sunday, August 18 we will be filling the backpacks and delivering them to the Village at Cataumet. Additionally, we are collecting monetary donations to purchase supplies for Theophany School, an Orthodox school in Needham, MA. Thank you for your generosity in helping supply children with the tools they need to succeed in the upcoming school year!

Collecting **NEW ITEMS** now through **August 18!!!**



Backpack Blessings

School Supply Suggestion List



- Crayons (fat and regular sizes)
- Markers (fat and regular sizes)
- Highlighters
- Dry erase markers
- Fine and ultra fine point Sharpies – black
- Scissors
- Rulers
- Glue sticks
- Colored pencils
- #2 pencils
- Pencil sharpeners (with cover)
- Pencil cap erasers
- Mechanical pencils with lead
- Pens – black and blue
- Pencil boxes or pouches
- Pocket folders
- Composition notebooks
- Spiral notebooks
- Binders (1", 1.5", 2")
- Filler paper (wide ruled)
- 5 tab, 3 ring binder dividers
- 3x5 index cards
- Ear buds
- Calculators
- Flashdrives
- Pocket packs of tissues
- Backpacks (no wheels)
- Gift cards to Staples or Walmart

We will be filling the backpacks on Sunday, August 18 after Liturgy.

